EVENT REPORT

34th Scientific Conference

Theme
Healthy Nutrition: Key to Disease Prevention

3 – 4 July 2019       Hotel Istana, Kuala Lumpur

Prepared by: Secretariat
Date: 18 July 2019
1. PICTORIAL REPORT
Registration at Foyer

- 3 July: 7.30am onwards
- 4 July: 8.00am onwards
Official Launch Ceremony

Welcome address
by
Dr Tee E Siong
President, Nutrition Society of Malaysia (NSM)

Speech and official opening
by
Ybhg Dato’ Seri Dr Chen Chaw Min
Secretary-General,
Ministry of Health Malaysia
Official Launch Ceremony

34th Scientific Conference
Nutrition Society of Malaysia
“Healthy Nutrition: Key to Disease Prevention”

Official Opening by
YBhg Dato’ Seri Dr Chen Chaw Min
Secretary-General
Ministry of Health Malaysia
3rd May 2019
Hotel Istana Kuala Lumpur
Tour of Trade Exhibition
NSM Exhibition Booth
Tour of Trade Exhibition

Major Sponsors’ Booth

Danone Dumex (Malaysia) Sdn Bhd

Yakult (Malaysia) Sdn Bhd
Tour of Trade Exhibition
Exhibitors’ Booth

Ajinomoto (Malaysia) Berhad

Cotra Enterprises Sdn Bhd (Vitagen)

Fonterra Brands (M) Sdn Bhd

Herbalife Products Malaysia Sdn Bhd
Tour of Trade Exhibition
Exhibitors’ Booth

InBody Asia Sdn Bhd

Malaysian Palm Oil Council

Nestle Products Sdn Bhd
Plenary Lecture 1
Nutritional intervention for the management of faltering growth and its potential risks

Chairperson:
Emeritus Prof Dr Ismail Noor
Taylor’s University

Speaker:
Dr Tan Sue Yee
Consultant Nutritionist, Kuching
Symposium 1
Maternal, Infant and Young Child Nutrition

Chairperson:
Emeritus Prof Dr Khor Geok Lin
Universiti Putra Malaysia
Symposium 1
Maternal, Infant and Young Child Nutrition

Promoting healthy maternal nutrition for the best start in life
by
Dr Mastura Ismail
Seremban 2 Health Clinic, Seremban

Tackling maternal anaemia saves maternal and infant lives
by
Dr Faridah Abu Bakar
Family Health Development Division, Ministry of Health Malaysia
Symposium 1
Maternal, Infant and Young Child Nutrition

Stunting and low birth weight – tackling the persistent problems
by
Ms Zalma Abdul Razak
Nutrition Division, Ministry of Health Malaysia

Promoting confidence in breastfeeding practices
by
Assoc Prof Rokiah Don
Department of Nutrition & Dietetics,
School of Health Sciences,
International Medical University
Lunch Symposium 1

Education modules on early nutrition and lifestyle during pregnancy and early childhood – by Early Nutrition eAcademy Southeast Asia (ENeA – SEA)

Chairperson:
Dr Tan Sue Yee
Consultant Nutritionist,
Kuching

Speakers:
Dr Roseline Yap & Dr Wong Jyh Eiin
On behalf of ENeA-SEA Consortium Partner,
Nutrition Society of Malaysia
Symposium 2
Functional Ingredients and Health

Chairperson:
Dr Tee E Siong
Nutrition Society of Malaysia
Symposium 2
Functional Ingredients and Health

Clinical application of palm-tocotrienols: challenges and opportunities
by
Dr Fu Ju Yen
Nutrition Unit, Malaysian Palm Oil Board

Human milk oligosaccharides – overview of nutritional significance
by
Ms Cyndy Au
DuPont Nutrition and Biosciences, Singapore

Regulatory update on functional ingredients: permitted health claims in Malaysia
by
Ms Nurul Hidayati Mohd Nasir
Food Safety and Quality Division,
Ministry of Health Malaysia
Relationship between overweight/obesity and anemia in vocational high school students (adolescent girls) in Bekasi, Indonesia by
Mr Muhammad Nur Hasan Syah
University of Pembangunan National Veteran Jakarta, Indonesia

Nutritional factors associated with autism severity in children with Autism Spectrum Disorder at an autism intervention center in Kuala Lumpur by
Mr Eow Shiang Yen
Universiti Putra Malaysia

Rate of gestational weight gain trajectory is associated with adverse pregnancy outcomes by
Ms Yong Heng Yaw
Universiti Putra Malaysia
Prevalence of eating disorder risk and its associated factors among high school adolescents Terengganu, Malaysia
by
Ms Nizatul Nurain Mazubir
Universiti Sultan Zainal Abidin

Maternal body mass index, dietary intake and choice of infant feeding method: a cross sectional study in Petaling district, Selangor
by
Ms Kughaneshwary Silvermany
Management and Science University

Omega-3 fatty acids and probiotics in improving immune response in highly active individuals: a pilot randomised controlled trial
by
Ms Chen Wei Mun
International Medical University
Symposium 3

Young Researchers’ Symposium

Chairperson:
Dr Zaitun Yassin
Nutrition Society of Malaysia
Symposium 3
Young Researchers’ Symposium

FTO gene variants (rs9930501, rs9930506 and rs9932754) and post-intervention differences in anthropometric and cardio-metabolic parameters after a 6-month Hipcref diet intervention in overweight and obese Malaysian adults
by
Ms Tan Pui Yee
University of Nottingham Malaysia

Are Malaysian children with low calcium intakes having low bone mass?
by
Ms Kanimolli a/p Arasu
International Medical University

The KidChen Study: Effectiveness of a hands-on healthy meal preparation intervention among primary schoolchildren in Kuala Lumpur, Malaysia
by
Ms Ng Choon Ming
UCSI University
The impact of F.E.A.T weight reduction programme on health-related quality of life among obese adult by
Ms Wirdah Mohamed
Universiti Kebangsaan Malaysia

Low daily energy intake, household smoke and sugar exposure increased the risk of dental caries in pre-schoolers by
Ms Lee Zhi Ling
Universiti Putra Malaysia

Effects of sunlight exposure and vitamin D supplementation on serum 25-hydroxyvitamin D concentrations, high molecular weight adiponectin and metabolic syndrome risk factors by
Ms Norliyana Aris
Universiti Sains Malaysia
Nutrition Update 2

Chairperson:
Dr Wong Jyh Eiin
Universiti Kebangsaan Malaysia
The influence of obstetrics characteristic on early initiation of breastfeeding among mothers in Petaling District, Selangor: My SHAPE Project 2019 by
Ms Kavithira P Kumaran
Management and Science University

Encapsulated fish oil results in higher absorption of DHA in toddlers by
Dr Samaneh Ghasemi Fard
Nu-Mega Ingredients Pty Ltd, Brisbane, Australia

Nutritional status and associated risk factors amongst older adults in Al Madinah Al Munawarah by
Assoc Prof Dr Ahlam Badreldin El Shikieri
Taibah University, Al Madinah Al Munawarah, Kingdom of Saudi Arabia
Prevalence of stunting among Malaysian school-aged children living in welfare homes and its contributed factors
by
Ms Nur Amalin Juhari
Universiti Putra Malaysia

Association of intensity and type of physical activity with post-partum weight gain among mothers in Petaling District, Selangor
by
Ms Shameradevi Tamil Selvam
Management and Science University

Prevalence of stunting among infants and its association with maternal characteristics in Petaling District, Selangor
by
Ms Siti Madihah Muhammad Royani
Management and Science University
Symposium 4

School Child and Adolescent Nutrition

Chairperson:
Assoc Prof Rokiah Don
International Medical University
Symposium 4
School Child and Adolescent Nutrition

School Nutrition Programmes for primary school children – experiences and learnings
by
Ms Teo Choon Huey
Universiti Putra Malaysia

Understanding and prevention of disordered eating among Malaysian adolescents
by
Dr Chin Yit Siew
Universiti Putra Malaysia
Good Nutrition Key to Healthy Children – a multi-country school nutrition intervention in SEA
by
Norimah A Karim
On behalf of Malaysia Technical Committee for GNKHC

Use of red palm oil fortified biscuits to reduce vitamin A deficiency among rural primary school children in Malaysia
by
Radhika Loganathan
Nutrition Unit, Malaysian Palm Oil Board
Lunch Symposium 2

*Nutrition Month Malaysia – a multi-stakeholder collaborative community nutrition promotion programme*

*Chairperson:*
  
  Dr Zawiah Hashim
  
  Nutrition Society of Malaysia

*Speaker:*
  
  Dr Roseline Yap
  
  On behalf of Nutrition Month Malaysia 2019 National Steering Committee
Plenary Lecture 2
Probiotics effects on gut microbiota and short-chain fatty acids of normal and overweight school children after probiotics administration

Chairperson:
Dr Tee E Siong
Nutrition Society of Malaysia

Speaker:
Dr Syafinaz Amin Nordin
Universiti Putra Malaysia
Symposium 5
Physical Activity and Sedentary Behaviour

Chairperson:
Assoc Prof Dr Mahenderan Appukutty
Universiti Teknologi MARA
Symposium 5
Physical Activity and Sedentary Behaviour

Toybox Study Malaysia – improving healthy energy balance and obesity-related behaviours among pre-schoolers
by
Prof Dr Poh Bee Koon
Universiti Kebangsaan Malaysia

Active living for healthy ageing: An exercise recommendation for older adults
by
Dr Arimi Fitri Mat Ludin
Universiti Kebangsaan Malaysia

Malaysian preschoolers' physical activity, sedentary behaviour and sleep: compliance with the 24-hour movement guidelines
by
Ms Lee Shoo Thien
Universiti Kebangsaan Malaysia
Nutrition Update 3

Chairperson:
Ms Zaiton Daud
Ministry of Health Malaysia
Nutrition during pregnancy and its association with birth weight: findings from the Maternal and Infant Cohort Study (MICOS)  
by  
Muliana Edi  
Universiti Putra Malaysia

Vitamin D deficiency and its related factors in umbilical cord blood of neonates  
by  
Lee Siew Siew  
Universiti Putra Malaysia

Post diagnosis circulating micronutrients and survival of nasopharyngeal carcinoma patients: A prospective case control study  
by  
Vaidehi Ulaganathan  
University Putra Malaysia
Nutrition Update 2

Contribution of prenatal factors towards 6 months postpartum weight retention (PPWR): Evidence from a Maternal and Infants Cohort Study (MICOS)
by
Siti Huzaifah Mohamed Hussien
Universiti Putra Malaysia

Association between compliance status of dietary iron supplementation and anaemia status among pregnant women attending selected health clinics in Selangor and Kuala Lumpur
by
Tan Meng Lee
Universiti Putra Malaysia

Post diagnosis circulating micronutrients and survival of nasopharyngeal carcinoma patients: A prospective case control study
by
Vaidehi Ulaganathan
Universiti Putra Malaysia
Meet the Experts Session

Public Private Partnership in Food and Nutrition: The Roles and Challenges of a Nutritionist

• Date: 3 July 2019
• Time: 6 – 8 pm
• Venue: Function Rooms Nilam and Delima
Lunch Symposium
Faculty Dinner

- Date: 3 July 2019
- Time: 8 – 9.30 pm
- Venue: Function Room Safir I
Poster Presentation
PRIZE PRESENTATION CEREMONY

NSM Postgraduate Prizes 2019
NSM Undergraduate Prizes 2019
NSM Publication Prizes 2019
NSM Young Researchers’ Symposium Prizes 2019
NSM Poster Competition Prizes 2019
NSM Postgraduate Prizes 2019

PhD Thesis Prize

Dr Lau Xiao Chuan
Universiti Kebangsaan Malaysia

Dr Serene Tung En Hui
Universiti Putra Malaysia

Dr Wan Putri Elena bt Wan Dali
(represented by Dr Hamid Jan)
Universiti Sains Malaysia
NSM Postgraduate Prizes 2019

PhD Thesis Prize

Group Photo
NSM Postgraduate Prizes 2019

Msc Thesis Prize

Bong Mee Wan
Universiti Kebangsaan Malaysia

Nur Izzatun Nasriah Nasruddin
Universiti Kebangsaan Malaysia

Siti Fatihah bt Murtaza
Universiti Putra Malaysia

Nurulhuda bt Abd Aziz
(represented by xxx)
Universiti Sains Malaysia

Melissa Leong En Yin
International Medical University
NSM Postgraduate Prizes 2019

Msc Thesis Prize

Group Photo
NSM Undergraduate Prizes 2019

Undergraduate Thesis Prize

Yong Tze Ying
Universiti Putra Malaysia

Wong Lai Shan
Universiti Kebangsaan Malaysia

Nik Nur Izyan bt Nik Mustapa
(represented by xxx)
Universiti Sains Malaysia

Teo Chun Yi
International Medical University

Ooi Yong Xuan
Management and Science University

Loo Yen Chi
UCSI University
NSM Undergraduate Prizes 2019

Undergraduate Thesis Prize

Group Photo
NSM Publication Prizes 2019

Maternal Nutrition

Ms Ng Choon Ming
UCSI University

Dr Yong Heng Yaw
Universiti Putra Malaysia

Mobility and Musculoskeletal Health and Nutrition

Ms Lim Sook Yee
(Represented by Dr Chin Yit Siew)
Universiti Putra Malaysia
NSM Publication Prizes 2019

Group Photo
(with Pn Megawati, representative from Fonterra – the sponsor of NSM publication prizes)
NSM Young Researchers’ Symposium Prizes 2019

1st Prize: 
Norliyana Aris
Universiti Sains Malaysia

2nd Prize:
Ng Choon Ming
UCSI University

3rd Prize:
Kanimolli a/p Arasu
International Medical University
NSM Young Researchers’ Symposium Prizes 2019

Consolation Prize:
Tan Pui Yee
University of Nottingham Malaysia

Consolation Prize:
Lee Zhi Ling
Universiti Putra Malaysia

Consolation Prize:
Wirdah Mohamed
Universiti Kebangsaan Malaysia
NSM Young Researchers’ Symposium Prizes 2019

Group Photo
NSM Poster Presentation Prizes 2019

1st Prize: 
Raewadee A/P Bon Rit 
Universiti Sains Malaysia

2nd Prize: 
Nurafiqah Binti Abdullah 
Universiti Putra Malaysia

3rd Prize: 
Rasyidah Binti Ali 
Universiti Putra Malaysia
NSM Poster Presentation Prizes 2019

Consolation Prize:
Nurul Amira Nabilah Binti Kamarudin
Universiti Kebangsaan Malaysia

Consolation Prize:
Nurul Huda Binti Ali
Universiti Sains Malaysia

Consolation Prize:
Wong Pei Yun
Management and Science University

Consolation Prize:
Ong Jer Min
UCSI University
NSM Poster Presentation Prizes 2019

Consolation Prize:
Wong Lai Shan
Universiti Kebangsaan Malaysia

Consolation Prize:
Nur Syamimi Binti Zaini
Universiti Putra Malaysia
NSM Poster Presentation Prizes 2019

Group Photo
Acknowledgement

The Nutrition Society of Malaysia gratefully acknowledges contributions from the following to the 34th Scientific Conference:

**Major Sponsors**
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- International Life Sciences Institute Southeast Asia Region

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- InBody Asia
- Malaysian Palm Oil Council
- Nestle

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END & THANK YOU

For more information, please contact:

Dr Tee E Siong (president@nutriweb.org.my)
President of the Nutrition Society of Malaysia (NSM)

Or

NSM Conference Secretariat:

VersaComm Sdn Bhd

- Ms Muhaini Hussin (muhaini@versa-group.com)
- Ms Yvonne Chwee (yvonne@versa-group.com)