



**36<sup>th</sup> Scientific Conference**  
**Nutrition Society of Malaysia**  
***Nutrition: The Key to Combating***  
***Prevailing Health Threats***

7-8 September 2021 | Zoom Platform

**- EVENT PICTORIAL REPORT -**

*Prepared by: Secretariat, Versacomm Sdn Bhd*

*Vetted by: Dr Tee E Siong President, NSM*

*Updated: 12 November 2021*

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- Part A: Opening Ceremony
  - Welcome address by President of NSM
  - Presentation of NSM prizes
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- Part C: Conference Website

# **A. OPENING CEREMONY**

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**DAY 1: 7 SEPTEMBER 2021**

# Welcome address





**36<sup>th</sup> Scientific Conference  
Nutrition Society of Malaysia**  
*Nutrition: The Key to Combating  
Prevailing Health Threats*  
7-8 September 2021 | Zoom Platform

**Opening Ceremony**

By Dr Tee E Siong  
President, Nutrition Society of Malaysia

36<sup>th</sup> Scientific Conference Nutrition Society of Malaysia  
"Nutrition: The Key to Combating Prevailing Health Threats"  
7-8 September 2021 | Zoom Platform

Dr Tee E Siong, President NSM

by  
***Dr Tee E Siong***  
***President, Nutrition Society of Malaysia (NSM)***

# **PRIZE PRESENTATION CEREMONY**

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**NSM Postgraduate Prizes 2021**

**NSM Undergraduate Prizes 2021**

**NSM Publication Prizes 2021**

**NSM Fellows Award 2021**

# NSM Postgraduate Prizes 2021

## PhD Thesis Prize



***Dr Wirdah Mohamad***  
***Universiti Kebangsaan Malaysia***



***Dr Lee Siew Siew***  
***Universiti Putra Malaysia***

# NSM Postgraduate Prizes 2021

## PhD Thesis Prize



***Dr Norliyana Binti Aris***  
***Universiti Sains Malaysia***



***Dr Ng Choon Ming***  
***UCSI University***

# NSM Postgraduate Prizes 2021

## MSc Thesis Prize



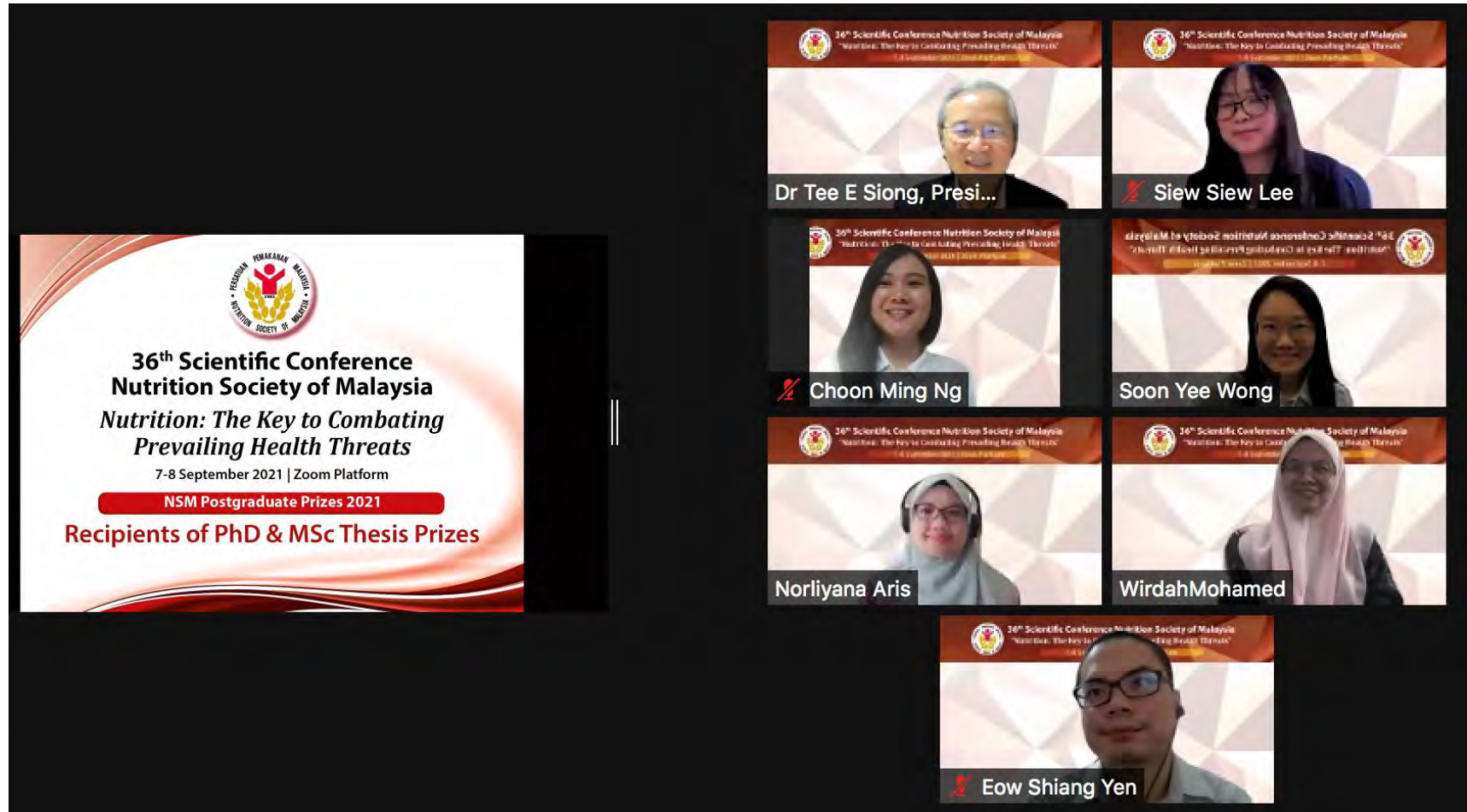
**Wong Soon Yee**  
**International Medical University**



**Eow Shiang Yen**  
**Universiti Putra Malaysia**

# NSM Postgraduate Prizes 2021

## PhD & Msc Thesis Prize



**Group Photo**

# NSM Undergraduate Prizes 2021

## Undergraduate Thesis Prize



***Lai Loke Yee***  
***Universiti Kebangsaan Malaysia***



***Anis Farahin Binti Mat Wahi***  
***Universiti Sultan Zainal Abidin***



***Nuruljannah Binti Mohamad Nasri***  
***Universiti Putra Malaysia***



***Wan Nurzakirah Binti Wan Abas***  
***Universiti Sains Malaysia***

# NSM Undergraduate Prizes 2021

## Undergraduate Thesis Prize



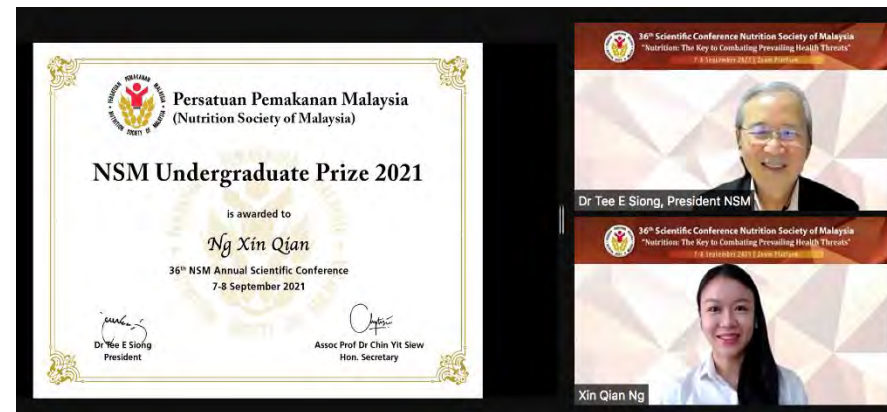
**Oeh Zhe Yee**  
**UCSI University**



**Marissa Maniesewad**  
**Management and Science University**



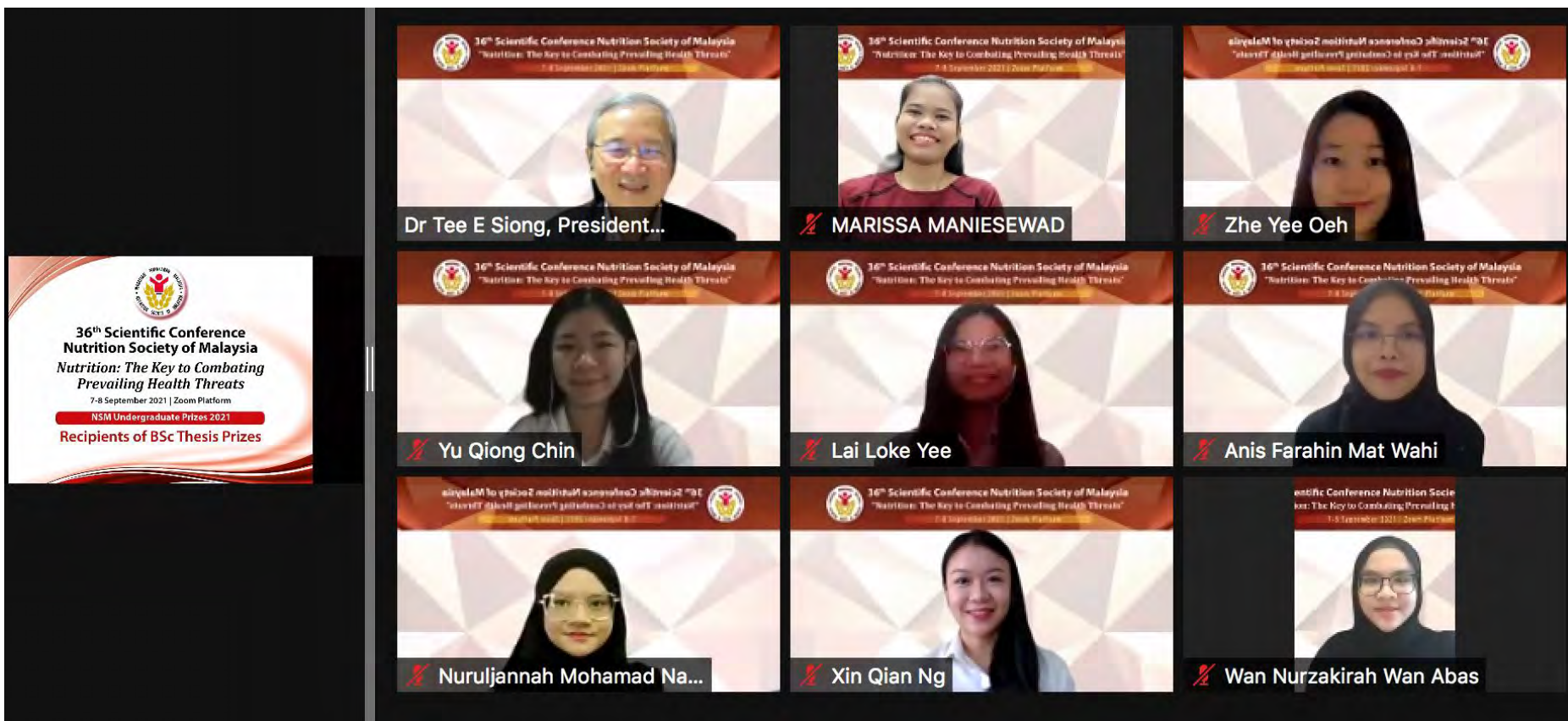
**Chin Yu Qiong**  
**University of Nottingham Malaysia**



**Ng Xin Qian**  
**International Medical University**

# NSM Undergraduate Prizes 2021

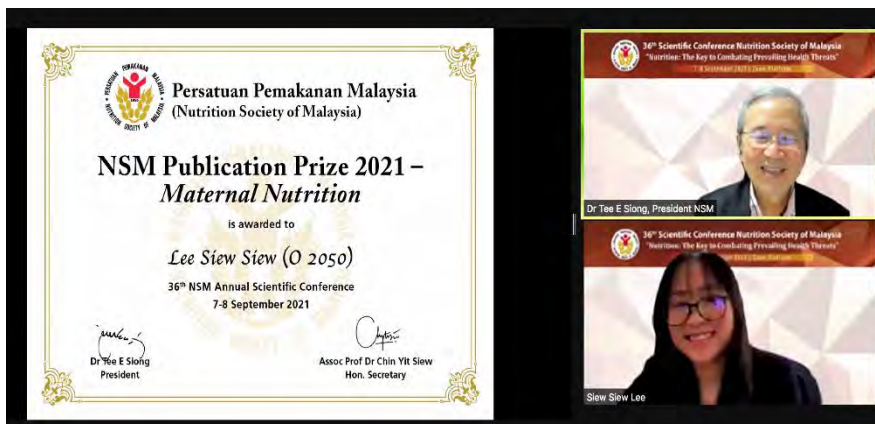
## Undergraduate Thesis Prize



*Group Photo*

# NSM Publication Prizes 2021

## Maternal Nutrition



***Dr Lee Siew Siew***  
***Monash University Malaysia***



***Muliana Binti Edi***  
***Universiti Putra Malaysia***



***Yong Heng Yew***  
***Universiti Putra Malaysia***

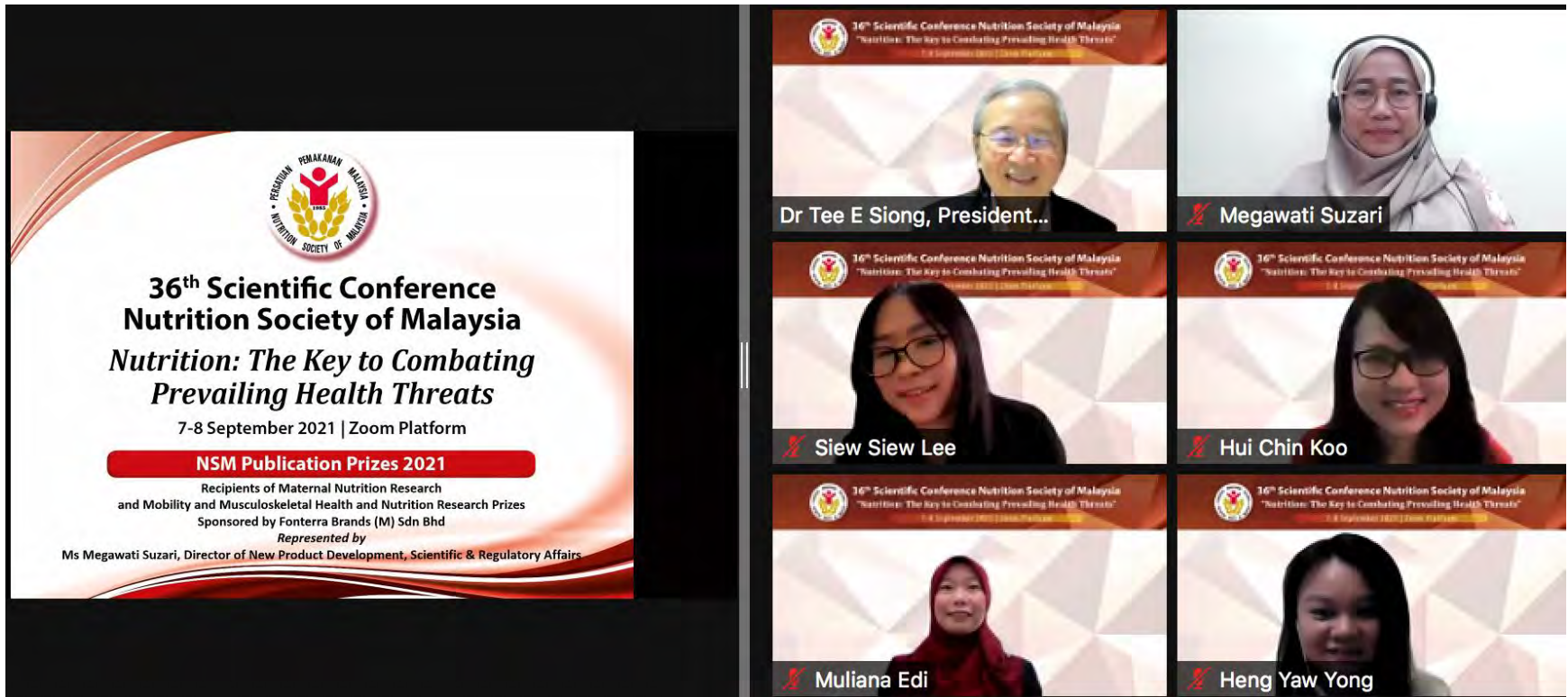
# NSM Publication Prizes 2021

## Mobility & Musculoskeletal Health & Nutrition



**Dr Koo Hui Chin**  
**Tunku Abdul Rahman University College**

# NSM Publication Prizes 2021



## Group Photo

*(with Ms Megawati Suzari, representative from Fonterra Brands (M) Bhd  
 – the sponsor of NSM publication prizes)*

# NSM Publication Prizes 2021

## Functional Foods & Healthy Ageing



***Dr You Yee Xing***  
***Universiti Kebangsaan Malaysia***

# NSM Publication Prizes 2021



## Group Photo

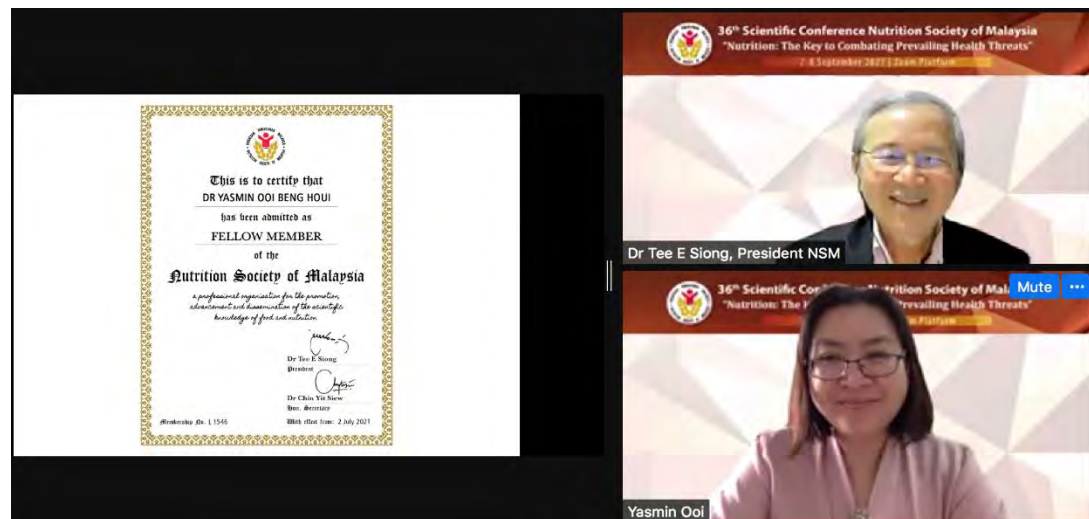
*(with Mr Steven Chin, representative from Herbalife Products Malaysia Sdn Bhd  
– the sponsor of NSM publication prizes)*

# NSM Fellows Award 2021

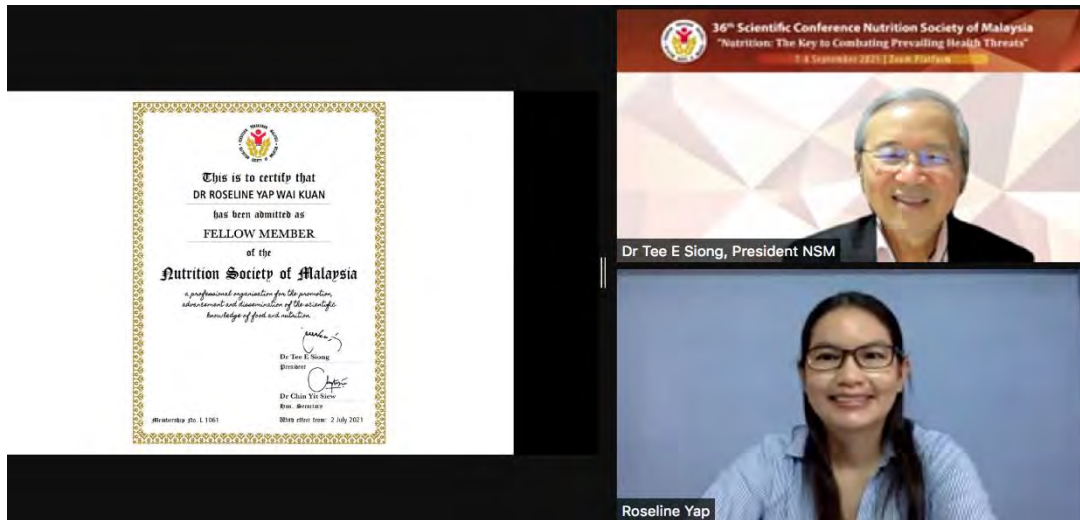


***Pn Zaiton Daud  
Ministry of Health Malaysia***

***Dr Yasmin Ooi Beng Houi  
Universiti Malaysia Sabah***

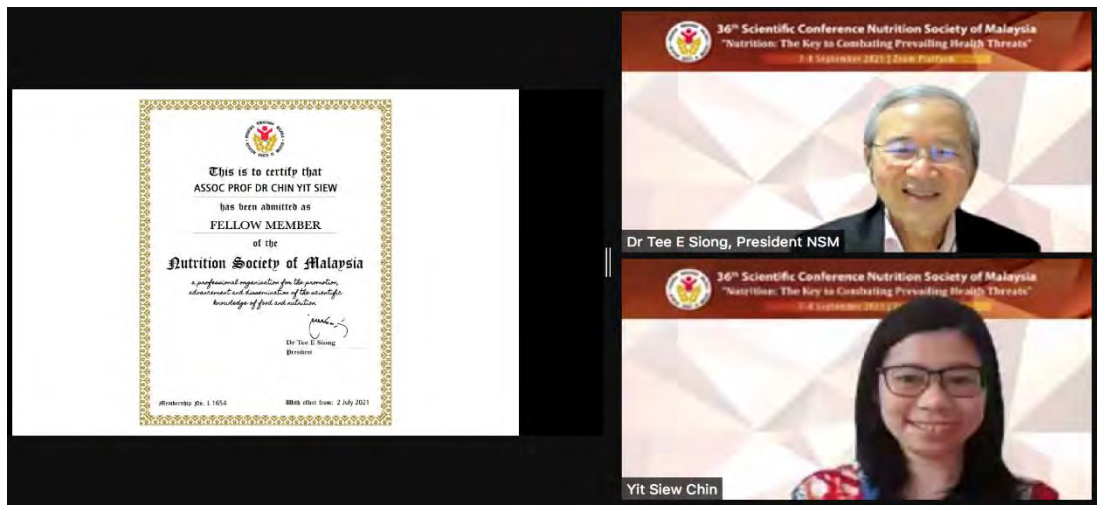


# NSM Fellows Award 2021



***Dr Roseline Yap Wai Kuan  
Nutrition Society of Malaysia***

***Assoc Prof Dr Chin Yit Siew  
Universiti Putra Malaysia***

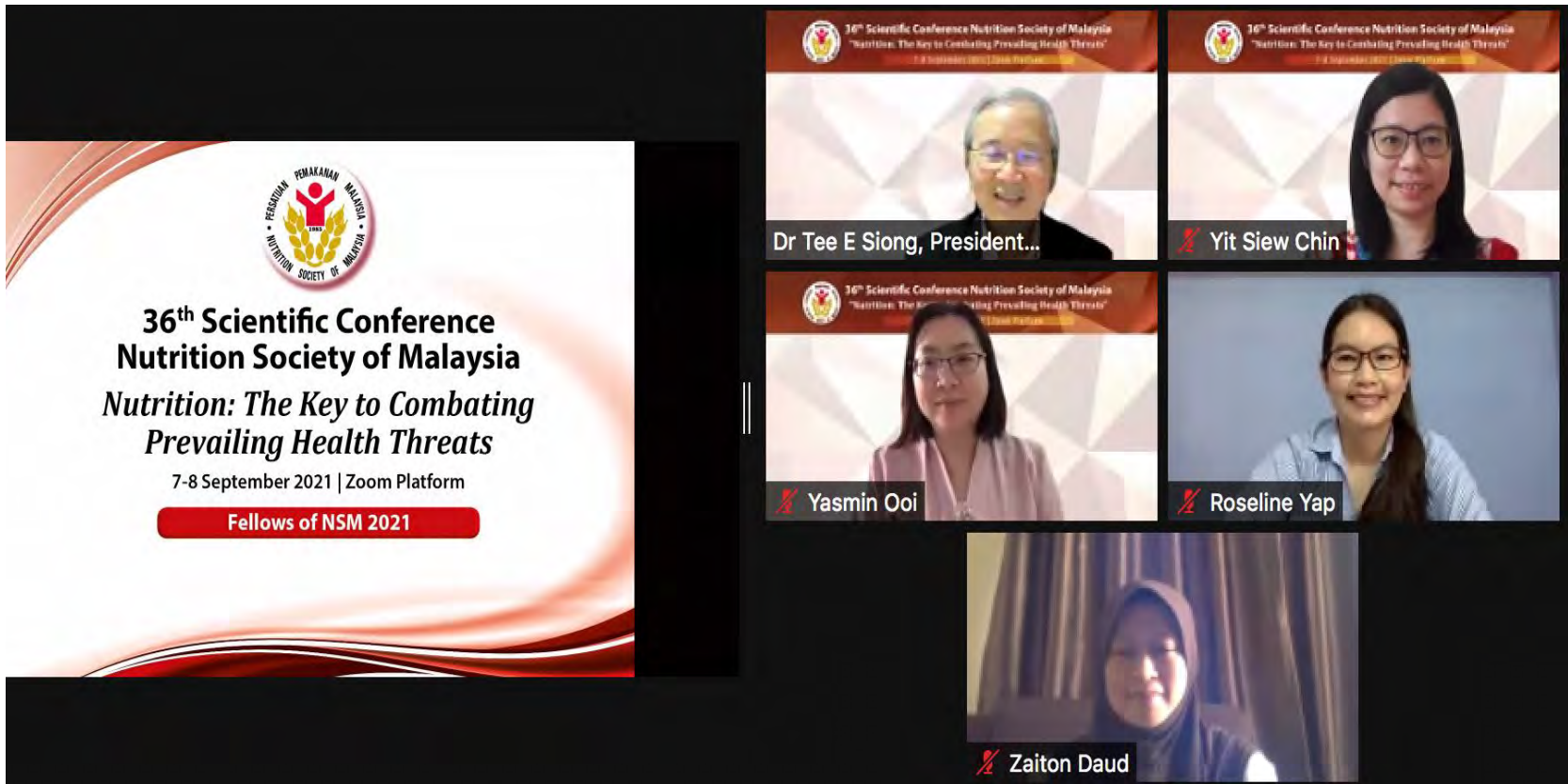


# NSM Fellows Award 2021



***Ms. Wong Mei Ching***  
***Nestle Products Sdn Bhd***

# NSM Fellows 2021



The image is a screenshot of a Zoom meeting. On the left is a large banner for the 36th Scientific Conference of the Nutrition Society of Malaysia. The banner features the NSM logo, which is a circular emblem with a red figure holding a yellow bowl, surrounded by the text 'PERMUKAAN PEMAKANAN MALAYSIA' and 'NUTRITION SOCIETY OF MALAYSIA'. Below the logo, the text reads: '36<sup>th</sup> Scientific Conference Nutrition Society of Malaysia', 'Nutrition: The Key to Combating Prevailing Health Threats', '7-8 September 2021 | Zoom Platform', and 'Fellows of NSM 2021'. On the right, there are five video thumbnails of participants. Each thumbnail has a header with the conference title and dates. The participants are: Dr Tee E Siong (President...), Yit Siew Chin, Yasmin Ooi, Roseline Yap, and Zaiton Daud. Each name is displayed in a black box at the bottom of their respective video frame.

**36<sup>th</sup> Scientific Conference**  
**Nutrition Society of Malaysia**  
*Nutrition: The Key to Combating Prevailing Health Threats*  
7-8 September 2021 | Zoom Platform  
**Fellows of NSM 2021**

36<sup>th</sup> Scientific Conference Nutrition Society of Malaysia  
"Nutrition: The Key to Combating Prevailing Health Threats"  
7-8 September 2021 | Zoom Platform

Dr Tee E Siong, President...

36<sup>th</sup> Scientific Conference Nutrition Society of Malaysia  
"Nutrition: The Key to Combating Prevailing Health Threats"  
7-8 September 2021 | Zoom Platform

Yit Siew Chin

36<sup>th</sup> Scientific Conference Nutrition Society of Malaysia  
"Nutrition: The Key to Combating Prevailing Health Threats"  
7-8 September 2021 | Zoom Platform

Yasmin Ooi

36<sup>th</sup> Scientific Conference Nutrition Society of Malaysia  
"Nutrition: The Key to Combating Prevailing Health Threats"  
7-8 September 2021 | Zoom Platform

Roseline Yap

36<sup>th</sup> Scientific Conference Nutrition Society of Malaysia  
"Nutrition: The Key to Combating Prevailing Health Threats"  
7-8 September 2021 | Zoom Platform

Zaiton Daud

**Group Photo**

# **B. SCIENTIFIC PROGRAMME**

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**DAY 1: 7 SEPTEMBER 2021**

# Summary of Scientific Programme

- 1 Keynote Lecture
- 4 Invited lectures
- 4 Symposia (11 presentations)
- 5 presenters in Young Researchers symposium
- 12 Free paper presentations in 2 sessions
- 118 posters (15 videos uploaded)

# Keynote Lecture

## Nutrition interventions to combat NCDs and COVID-19 health threats – experiences in China

**36<sup>th</sup> Scientific Conference Nutrition Society of Malaysia**  
 "Nutrition: The Key to Combating Prevailing Health Threats"  
 7-8 September 2021 | Zoom Platform

Keynote Lecture

  
 Interventions to combat NCDs and COVID-19 health threats – experiences in China  
 Prof Dr Yang Yue Xin  
 President of Chinese Nutrition Society, Beijing, China

Yang Yuexin

Dr Tee E Siong, President NSM

**Chairperson:**  
***Dr Tee E Siong***  
***President, Nutrition Society of Malaysia***

**Speaker:**  
***Yang Yue Xin***  
***Chinese Nutrition Society, Beijing, China***

# Symposium 1


## NUTRITION AND COVID-19


The image is a composite of two parts. The left part is a promotional banner for the 36th Scientific Conference of the Nutrition Society of Malaysia, held on 7-8 September 2021 via Zoom. The banner features the NSM logo and lists the speakers for Symposium 1: Assoc Prof Dr Mahenderan Appukutty (Chairperson), Assoc Prof Dr Chin Yit Siew (Speaker 1), and Dr Feisul Idzwan Mustapha (Speaker 2). The right part is a video call window showing Assoc Prof Dr Mahenderan Appukutty speaking, with his name and affiliation (NSM) displayed at the bottom.

**36<sup>th</sup> Scientific Conference Nutrition Society of Malaysia**  
"Nutrition: The Key to Combating Prevailing Health Threats"  
7-8 September 2021 | Zoom Platform

**Symposium 1**  
**Nutrition and COVID-19**

**Chairperson**  
  
**Assoc Prof Dr Mahenderan Appukutty**  
Vice-president,  
Nutrition Society of Malaysia

**Speaker 1**  
  
**Assoc Prof Dr Chin Yit Siew**  
Universiti Putra Malaysia

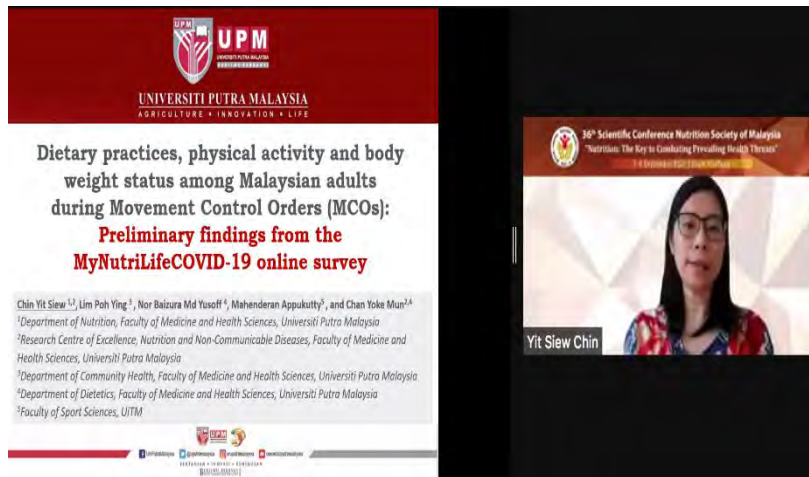
**Speaker 2**  
  
**Dr Feisul Idzwan Mustapha**  
Ministry of Health Malaysia

**Mahenderan Appukutty, NSM**

**Chairperson:**  
***Assoc Prof Dr Mahenderan Appukutty***  
***Vice President, Nutrition Society of Malaysia***

# Symposium 1

## NUTRITION AND COVID-19



**UNIVERSITI PUTRA MALAYSIA**  
AGRICULTURE • INNOVATION • LIFE

**Dietary practices, physical activity and body weight status among Malaysian adults during Movement Control Orders (MCOs): Preliminary findings from the MyNutriLifeCOVID-19 online survey**

Chin Yit Siew<sup>1,2</sup>, Lim Poh Ying<sup>1</sup>, Nor Baizura Md Yusoff<sup>3</sup>, Mahenderan Appukuttu<sup>3</sup>, and Chan Yoke Mun<sup>4,5</sup>  
<sup>1</sup>Department of Nutrition, Faculty of Medicine and Health Sciences, Universiti Putra Malaysia  
<sup>2</sup>Research Centre of Excellence, Nutrition and Non-Communicable Diseases, Faculty of Medicine and Health Sciences, Universiti Putra Malaysia  
<sup>3</sup>Department of Community Health, Faculty of Medicine and Health Sciences, Universiti Putra Malaysia  
<sup>4</sup>Department of Dietetics, Faculty of Medicine and Health Sciences, Universiti Putra Malaysia  
<sup>5</sup>Faculty of Sport Sciences, UiTM



**Dietary practices, physical activity and body weight status among Malaysian adults during Movement Control Orders (MCOs): Preliminary findings from the MyNutriLifeCOVID-19 online survey**

by  
**Assoc Prof Dr Chin Yit Siew**  
**Universiti Putra Malaysia**

**Digital nutrition and health interventions in preventing NCDs and combating COVID-19**

by  
**Dr Feisul Idzwan Mustapha**  
**Ministry of Health Malaysia**

Digital nutrition and health interventions in preventing NCDs and combating COVID-19

7<sup>th</sup> September 2021  
NSM Conference 2021

Dr Feisul Idzwan Mustapha  
Consultant Public Health Physician & Deputy Director (NCD)  
Disease Control Division  
Ministry of Health Malaysia



# Invited Lecture 1

## Effects of tocotrienol-rich fraction (TRF) on the pulmonary fibrosis drug treatment in rat model

36<sup>th</sup> Scientific Conference  
Nutrition Society of Malaysia  
*Nutrition: The Key to Combating  
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7-8 September 2021 | Zoom Platform

Invited Lecture 1

Effects of tocotrienol-rich fraction (TRF) on the  
pulmonary fibrosis drug treatment in rat model

36<sup>th</sup> Scientific Conference Nutrition Society of Malaysia  
"Nutrition: The Key to Combating Prevailing Health Threats"  
7-8 September 2021 | Zoom Platform

Mohd Redzwan Sabran

Guiju Sun

36<sup>th</sup> Scientific Conference Nutrition Society of Malaysia  
"Nutrition: The Key to Combating Prevailing Health Threats"  
7-8 September 2021 | Zoom Platform

Preventive Effects of tocotrienol-rich  
fraction (TRF) and Carotene on Bleomycin-  
Induced Pulmonary Fibrosis in Rats

SOUTHEAST UNIVERSITY, CHINA

Project Leader: Prof. Sun Guiju


Guiju Sun

**Chairperson:**  
***Dr Mohd Redzwan Sabran***  
***Universiti Putra Malaysia***

**Speakers:**  
***Prof Sun Guiju***  
***Southeast University, Nanjing, China***

# Symposium 2


## MATERNAL, INFANT AND YOUNG CHILD NUTRITION



**36<sup>th</sup> Scientific Conference Nutrition Society of Malaysia**  
**“Nutrition: The Key to Combating Prevailing Health Threats”**  
 7-8 September 2021 | Zoom Platform


**Symposium 2**  
**Maternal, Infant and Young Child Nutrition**

Chairperson




**Prof Dr Norimah A. karim**  
International Medical University

Speaker 1




**Pn Zalma Abdul Razak**  
Ministry of Health Malaysia

Speaker 2




**Assoc Prof Dr Loh Su Peng**  
Universiti Putra Malaysia

Speaker 3



**Dr Lee Siew Siew**  
Monash University Malaysia



**NORIMAH KARIM**

**Chairperson:**  
***Prof Dr Norimah A Karim***  
***International Medical University***

# Symposium 2

## MATERNAL, INFANT AND YOUNG CHILD NUTRITION



### Empowering parents and community: Efforts to prevent malnutrition among children

by

*Pn Zalma Abdul Razak*

*Nutrition Division, Ministry of Health Malaysia*

### Micronutrient deficiency and supplementation among women of reproductive age

by

*Assoc Prof Dr Loh Su Peng*  
*Universiti Putra Malaysia*



# Symposium 2

## MATERNAL, INFANT AND YOUNG CHILD NUTRITION

**Non-communicable diseases (NCDs)**



Cardiovascular diseases    Diabetes Mellitus    Chronic respiratory diseases

Obesity    Cancer    Mental Health

Noncommunicable diseases or pre-existing condition has been associated with severity and outcomes of COVID-19

30th NSM Scientific Conference Nutrition Society of Malaysia  
"Nutrition: The Key to Sustaining Prevaling Single Thread"  
14-15 SEPTEMBER 2021

Siew Siew Lee

**Complementary foods and molk-based formulas provide excess protein but suboptimal key micronutrients and essential fatty acids in the intakes of infants and toddlers from urban setting in Malaysia**

by

*Dr Lee Siew Siew*

*Monash University Malaysia*


# Young Researchers' Symposium



**36<sup>th</sup> Scientific Conference Nutrition Society of Malaysia**  
 "Nutrition: The Key to Combating Prevailing Health Threats"  
 7-8 September 2021 | Zoom Platform

**Young Researchers' Symposium**

Chairperson




**Dr Wong Jyh Eiin**  
Universiti Kebangsaan Malaysia

Speakers



**Ms Lydiatul Shima Binti Ashari**  
Universiti Sains Malaysia



**Ms Lee Shoo Thien**  
Universiti Kebangsaan Malaysia



**Ms Teoh Ai Ni**  
UCSI University



**Ms Wong Ting Xuan**  
International Medical University





**Ms Wong Hui Juan**  
Universiti Putra Malaysia



**Chairperson:**  
***Dr Wong Jyh Eiin***  
***Universiti Kebangsaan Malaysia***

# Young Researchers' Symposium




  
 Exploring the norms of eating-out practice among adults in Malaysia

Lydiatul Shima A, Ainaa Almardhiyah AR, Yeong Yeh L, Yee Cheng K, Bibi Nabihah AH, Hamid Jan JM

Mohd Razif S, Nor Hamizah S, Raja Affendi RA

36<sup>th</sup> Scientific Conference Nutrition Society of Malaysia  
 "Nutrition: The Key to Combating Prevailing Health Threats"  
 17-18 September 2022, Kuala Lumpur

Jyh Elin Wong

Lydiatul Shima Ashari


  
 UNIVERSITI KEBANGSAAN MALAYSIA  
 The National University of Malaysia

**Exploring the norms of eating-out practice among adults in Malaysia**

by

**Lydiatul Shima Binti Ashari**  
*Universiti Sains Malaysia*

**Preschoolers' physical activity and sedentary behaviour in relation to social and environmental factors: A mixed method approach study**

by

**Lee Shoo Thien**  
*Universiti Kebangsaan Malaysia*



**Preschoolers' physical activity and sedentary behaviour in relation to social and environmental factors: A mixed method approach study**



Presenter: Lee Shoo Thien



Shoo Thien Lee<sup>1</sup>, Jyh Elin Wong<sup>1</sup>, Geraldine Kim Ling Chan<sup>2</sup>, Bee Koon Poh<sup>1</sup>

<sup>1</sup>Nutritional Sciences Programme & Centre for Community Health Studies (ReaCH), Faculty of Health Sciences, Universiti Kebangsaan Malaysia, Kuala Lumpur, Malaysia

<sup>2</sup>Centre for Research in Development, Social and Environment (SEEDS), Faculty of Social Sciences and Humanities, Universiti Kebangsaan Malaysia, Bangi, Selangor, Malaysia

# Young Researchers' Symposium



**Maternal circadian rhythm, chrononutrition and its association with infant growth during the first 6 months of life: results from MY-CARE cohort study**


Teoh Ai Ni  
PhD candidate  
UCSI University

Supervisor: Dr. Satvinder Kaur A/P Nachatar Singh  
Co-supervisors: Dr. Norzima Ahmad Bustami (UCSI University), Dr. Nurul Husna Mohd Shukri (Universiti Putra Malaysia), Prof. Shigenobu Shibata (Waseda University, Japan)





**Maternal circadian rhythm, chrononutrition and its association with infant growth during the first 6 months of life: results from MY-CARE cohort study**  
by  
**Teoh Ai Ni**  
**UCSI University**

**Obese yet undernourished - preoperative nutrition status of breast and colorectal cancer patients**  
by  
**Wong Ting Xuan**  
**International Medical University**



**Obese yet undernourished - preoperative nutrition status of breast and colorectal cancer patients**

Presented by  
WONG TING XUAN (PhD candidate)  
INTERNATIONAL MEDICAL UNIVERSITY (IMU)



# Young Researchers' Symposium





**Preliminary findings of an online Malaysian Young Children Father Mother Feeding Project:**

**Associations of parental feeding factors and child eating behaviours with body weight status among Malaysian young children aged 6-months to 36-months**

Presenter : Ms. Wong Hui Juan (Jess)  
MSc (Community Nutrition), 4<sup>th</sup> semester  
Department of Nutrition,  
Faculty of Medicine and Health Sciences,  
Universiti Putra Malaysia



**Preliminary findings of an online Malaysian young children father mother feeding project: Associations of parental feeding factors and child eating behaviours with body weight status among Malaysian young children aged 6-months to 36-months**

by

***Wong Hui Juan***  
***Universiti Putra Malaysia***

# Free Paper Presentation 1



**36<sup>th</sup> Scientific Conference Nutrition Society of Malaysia**  
**"Nutrition: The Key to Combating Prevailing Health Threats"**  
 7-8 September 2021 | Zoom Platform

**Free Paper Presentation 1**

**Chairpersons**



**Assoc Prof Dr Gan Wan Ying**  
Universiti Putra Malaysia



**Dr Snigdha Misra**  
Internal Medical University

**Speakers**



**Ms Ng Shirley**  
Muar District Health Office



**Ms Woon Fui Chee**  
Universiti Putra Malaysia



**Dr Sharifah Zahhura Syed Abdullah**  
Universiti Sains Malaysia



**Dr Tan Soek Shin**  
Internal Medical University



**Dr Sharifah Wajihah Wafa Binti Syed Saadun Tarek Wafa**  
Universiti Sultan Zainal Abidin



**Ms Haemamalar Karppaya**  
Universiti Malaya



## Chairperson:

***Assoc Prof Dr Gan Wan Ying, Universiti Putra Malaysia & Dr Snigdha Misra, International Medical University***

# Free Paper Presentation 1

**QUALITY ASSURANCE PROGRAMME  
IN MUAR DISTRICT HEALTH OFFICE :  
REDUCING ANEMIA IN  
36 WEEKS PREGNANT MOTHERS**



**Reducing anaemia in 36 weeks pregnant mothers**

by

*Ng Shirley*

*Muar District Health Office*

**Maternal consumption of dairy products during pregnancy reduces the risk of eczema in infants during the first year of life**

by

*Woon Fui Chee*

*Universiti Putra Malaysia*

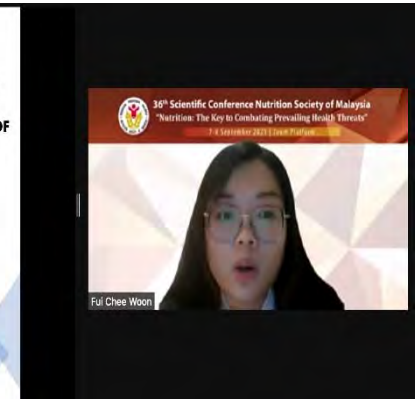


**MATERNAL CONSUMPTION OF DAIRY PRODUCTS DURING PREGNANCY REDUCES THE RISK OF ECZEMA IN INFANTS DURING THE FIRST YEAR OF LIFE**

Presenter:

**WOON FUI CHEE**

Department of Nutrition,  
Faculty of Medicine and Health Sciences,  
Universiti Putra Malaysia



**UUM APEX**  
Preliminary observations on the dietary intake of Orang Asli Temiar women during the postpartum period

Sharifah Zahhura Syed Abdullah, PhD  
Marina binti Abdul Manaf  
Mohamad Insan bin Latif  
Nurul Jannah Ambak  
Salniza Akmar Kamaruzaman



**Preliminary observations on the dietary intake of Orang Asli Temiar women during the postpartum period**

by

*Sharifah Zahhura Syed Abdullah*

*Universiti Sains Malaysia*

# Free Paper Presentation 1



Minerals and trace elements contents in breast milk of Malaysian mothers

Tan SS, Khor GL, Stoutjesdijk E, Ng KWT, Khoo W I, Bragt M, Schaafma A, Dijk-Brouwer DAJ and Muskini FAJ

Seok Shin Tan

**Minerals and trace elements contents in breast milk of Malaysian mothers**

by

*Tan Seok Shin*

*International Medical University*

**Parental feeding practices in relation to food neophobia among preschoolers in Terengganu, Malaysia**

by

*Sharifah Wajihah Wafa Binti Syed Saadun Tarek Wafa*  
*Universiti Sultan Zainal Abidin*



Parental feeding practices in relation to food neophobia among preschoolers in Terengganu, Malaysia

Dr. Sh. Wajihah Wafa binti Syed Saadun Tarek Wafa  
Alia Izzati  
Faculty of Health Sciences, UniSZA  
7th of September 2021

Sharifah Wajihah Wafa



Body Image and Cardiovascular Risk Factors Among Malaysian Adolescents

Haemamalar K<sup>1</sup>, Hazreen AM<sup>2</sup>, Muzalwana AT<sup>1</sup>

<sup>1</sup> Department of Applied Statistics, Faculty of Administration and Economics, Universiti Malaya, Kuala Lumpur

<sup>2</sup> Department of Social and Preventive Medicine, Faculty of Medicine, Universiti Malaya, Kuala Lumpur

**Body image and cardiovascular risk factors among Malaysian adolescents**

by

*Haemamalar Karppaya*

*Universiti Malaya*

# **B. SCIENTIFIC PROGRAMME**

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**DAY 2: 8 SEPTEMBER 2021**

# Free Paper Presentation 2

## Chairpersons



**Dr Tan Sue Yee**  
*Nutrition Society Malaysia*



**Asst Prof Dr Anto Cordelia  
Tanislaus Antony Dhanapal**  
*Universiti Tunku Abdul Rahman*



**Dr Shashikala Sivapathy**  
*UCSI University*



**Mr Lo Yi Liang**  
*University of Nottingham  
Malaysia Campus*

## Speakers



**Ms Erika Lumbantobing**  
*Indonesia International  
Institute for Life Sciences*



**Ms Ng Ying Yun**  
*International Medical  
University*



**Ms Emily Chew Wen Li**  
*International Medical  
University*



**Ms Noor Amiza Binti  
Zainal Abidin**  
*Universiti Sains Islam  
Malaysia*

## Chairperson:

***Dr Tan Sue Yee, Nutrition Society of Malaysia &  
Dr Anto Cordelia Vijanth, Universiti Tunku Abdul Rahman***

# Free Paper Presentation 2

A whole school approach and NuTeen Intervention Program: Impact on secondary school canteen food environment and psychosocial factors of school canteen operators in Kuala Lumpur

**Shashikala Sivapathy**  
UCSI University



**A whole school approach and NuTeen Intervention Program: Impact on secondary school canteen food environment and psychosocial factors of school canteen operators in Kuala Lumpur**  
by  
**Shashikala Sivapathy**  
UCSI University

**Consumer knowledge, attitude, and practice (KAP) on supplements in relation to COVID-19 pandemic**  
by  
**Erika Lumbantobing**  
Indonesian International Institute for Life Sciences, Jakarta

**Covid-19 Pandemic & Role of Micronutrients**

- Caused by a coronavirus, called SARS-CoV-2
- The first case: December 2019
- Linked to Huanan Seafood Market, in Wuhan City, China
- Transmission mode: contact and droplet, airborne, fomite
- Vitamin and mineral exhibit immunomodulatory properties and antiviral properties

**Supplement Market and Consumer in Indonesia**

- Contribute 35% of ASEAN economic zone
- Imported health product market is concentrated in urban areas (Jakarta, Bandung, Surabaya, and Medan)
- During COVID-19 Pandemic, the interest towards health-related compounds and foods increase rapidly

In Indonesia, supplements including its labelling, claims, marketing, advertisement, and distribution are regulated under the supervision of **Badan Pengawas Obat dan Makanan (BPOM)**

- Keputusan Kepala Badan Pengawas Obat dan Makanan No. HK.00.05.23.3644

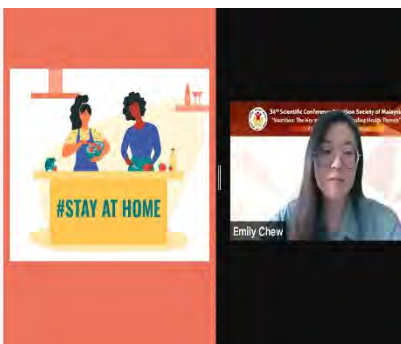
Background

Erika Lumbantobing

**Frequency of home cooking is not associated with diet quality among Malaysian adults during the pandemic**

Researcher  
**Emily Chew Wen Li, Chin Shi You, Misra Snigdha, Yang Wai Yew, Tan Seok Shin, Kelly Num Sze Fang**

Institution  
Division of Nutrition and Dietetics  
International Medical University (IMU)



**Frequency of home cooking is not associated with diet quality among Malaysian adults during the pandemic**  
by  
**Emily Chew Wen Li**  
International Medical University

# Free Paper Presentation 2

## The Impact of COVID-19 on The Consumption of Fruits and Vegetables in Healthy Malaysian Adults

Researcher: Lo Yi Liang (BSc (Hons) in Nutrition)  
Supervisors: Dr Cheng Shi Hut, Dr Lee Siew Siew



## The impact of COVID-19 on the consumption of fruits and vegetables in healthy Malaysian adults

by

**Loh Yi Liang**

**University of Nottingham, Malaysia**

## Sugar tax in Malaysia: Food industry's response and adolescents' knowledge and attitude towards this tax

by

**Ng Ying Yun**

**International Medical University**

## Sugar tax in Malaysia: Food industry's response and adolescents' knowledge and attitude towards this tax

**Ng YY<sup>1</sup>, Shyam S<sup>1,2</sup>, Don R<sup>1</sup>, Hakim SL<sup>3,4</sup>**

<sup>1</sup>Division of Nutrition and Dietetics, School of Health Sciences, International Medical University, Kuala Lumpur, Malaysia  
<sup>2</sup> Centre for Translational Research, Institute for Research, Development and Innovation (IRDI), International Medical University, Kuala Lumpur, Malaysia  
<sup>3</sup> Institute for Research, Development and Innovation (IRDI), International Medical University, Kuala Lumpur, Malaysia  
<sup>4</sup> Department of Community Medicine, School of Medicine, International Medical University, Kuala Lumpur, Malaysia

## Effects of Germinated Brown Rice on Blood Glucose, Glycated Haemoglobin Levels and BMI in Patients with Type 2 Diabetes

NOOR AMIZA BINTI ZAINAL ABIDIN  
M.MED.SCI. STUDENT  
FACULTY OF MEDICINE AND HEALTH SCIENCES, USIM



## The effects of germinated brown rice on blood glucose, glycated haemoglobin levels and BMI in patients with type 2 diabetes

by

**Noor Amiza Binti Zainal Abidin**

**Universiti Sains Islam Malaysia**

# Invited Lecture 2

**Bile acid is a responsible host factor for high-fat diet-induced gut microbiota alterations in rats: Proof of “bile acid hypothesis”**



36<sup>th</sup> Scientific Conference Nutrition Society of Malaysia  
 "Nutrition: The Key to Combating Prevailing Health Threats"  
 7-8 September 2021 | Zoom Platform

Invited Lecture 2

 Bile acid is a responsible host factor for high-fat diet-induced gut microbiota alterations in rats: Proof of "bile acid hypothesis"  
 Prof Dr Atsushi Yokota  
 Research Faculty of Agriculture, Hokkaido University, Sapporo, Japan

Mahenderan Appukutty

Atsushi Yokota (HU)

Bile acid is a responsible host factor for high-fat diet-induced gut microbiota alterations in rats:  
 ~proof of "bile acid hypothesis"~

Executive Vice President  
 Research Faculty of Agriculture  
 Hokkaido University  
 Sapporo Japan

Prof. Dr. Atsushi Yokota,

2021.9.8 | The 36<sup>th</sup> Annual Scientific Conference of the Nutrition Society of Malaysia (NSM)



Atsushi Yokota (HU)

**Chairperson:**


***Assoc Prof Dr Mahenderan Appukutty  
 Universiti Teknologi MARA***

**Speakers:**

***Prof Dr Atsushi Yokota  
 Hokkaido University, Sapporo, Japan***

# Invited Lecture 3

## Precision nutrition and cardiovascular diseases


**36<sup>th</sup> Scientific Conference Nutrition Society of Malaysia**  
 "Nutrition: The Key to Combating Prevailing Health Threats"  
 7-8 September 2021 | Zoom Platform

**Invited Lecture 3**  
*Precision nutrition and cardiovascular diseases*

**Chairperson**  
  
**Dr Roseline Yap**  
 Nutrition Society of Malaysia

**Speaker**  
  
**Dr José M Ordovas**  
 Tufts University, Boston,  
 United States of America




 NIH-supported DASH diet tops rankings for "heart-healthy" and "healthy eating"

Home / News and Events / All News / NIH-supported DASH diet tops rankings for "heart-healthy" and "healthy eating"

**WHAT: Dietary Approaches to Stop Hypertension (DASH) has tied for first out of 39 diets for "Best Diets for Healthy Eating" and "Best Heart-Healthy Diets" in the 2021 Best Diets report from U.S. News & World Report. DASH, which builds nutrient-dense meals around whole grains, low-fat dairy products, vegetables, and fruits, and includes fish, poultry, beans, nuts, and healthy oils, also ranks second for "Best Diet Overall."**

NHLBI NEWS | Media Availability  
 NIH-supported DASH diet tops rankings for "heart-healthy" and "healthy eating"  
 January 4, 2021, 8:30 AM EST

**Best Diets Overall**  
 #1 Mediterranean Diet (16)  
 #2 DASH Diet (16)  
 #3 The Flexitarian Diet (16)  
 SEE FULL RANKINGS LIST >

**Best Diets for Healthy Eating**  
 #1 DASH Diet (16)  
 #2 Mediterranean Diet (16)  
 #3 The Flexitarian Diet

**Best Heart-Healthy Diets**  
 #1 DASH Diet (16)  
 #2 Mediterranean Diet (16)  
 #3 Ornish Diet (16)

A panel of 25 health experts, including nutritionists and specialists in diabetes, heart health, human behavior and weight loss, reviewed detailed assessments prepared by U.S. News of 39 diets. The experts rated each diet in seven categories, including short- and long-term weight loss, ease of compliance, safety and nutrition.



**Chairperson:**  
**Dr Roseline Yap**  
**Nutrition Society of Malaysia**





**Speakers:**  
**Dr Jose M Ordovas**  
**Tufts University, Boston, United States of America**

# Symposium 3

## SCHOOL CHILD AND ADOLESCENT NUTRITION

**36<sup>th</sup> Scientific Conference Nutrition Society of Malaysia**  
"Nutrition: The Key to Combating Prevailing Health Threats"  
7-8 September 2021 | Zoom Platform

**Symposium 3**  
*School Child & Adolescent Nutrition*

Chairperson	Speaker 1	Speaker 2	Speaker 3
 Assoc Prof Dr Chin Yit Siew Universiti Putra Malaysia	 Dr Koo Hui Chin Tunku Abdul Rahman University College	 Assoc Prof Dr Geeta Appannah Universiti Putra Malaysia	 Ms Teo Choon Huey Batu Pahat District Health Office

Yit Siew Chin

**Chairperson:**  
***Assoc Prof Dr Chin Yit Siew***  
***Universiti Putra Malaysia***

# Symposium 3

## SCHOOL CHILD AND ADOLESCENT NUTRITION






Nutrition Society of Malaysia - 36<sup>th</sup> Scientific Conference

**Studies of whole grain consumption among children and adolescents**

Koo Hui Chin<sup>1</sup>, Satvinder Kaur<sup>2</sup>, Chan Kai Quin<sup>1</sup>, Lim Geok Pei<sup>1</sup>  
<sup>1</sup>Tunku Abdul Rahman University College  
<sup>2</sup>UCSI University

### Whole grain consumption among children and adolescents

by

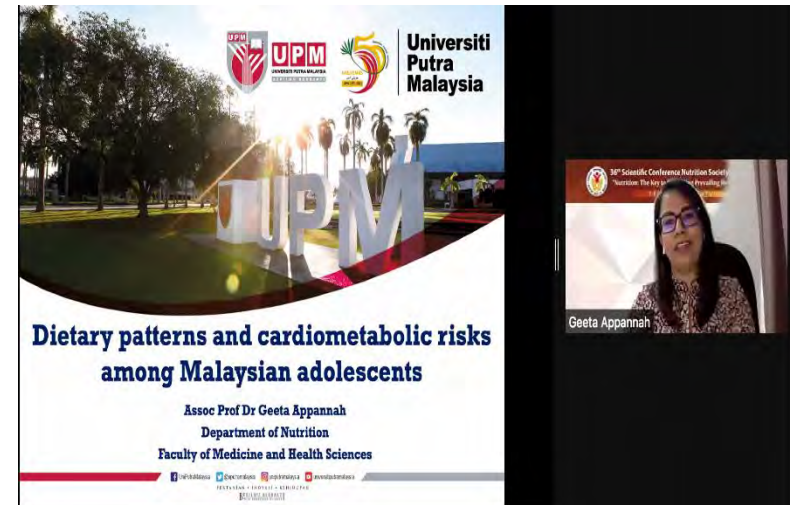
*Dr Koo Hui Chin*



*Tunku Abdul Rahman University College*

### Dietary patterns and cardiometabolic risks among Malaysian adolescents

by

*Assoc Prof Dr Geeta Appannah*  
*Universiti Putra Malaysia*



Universiti Putra Malaysia

**Dietary patterns and cardiometabolic risks among Malaysian adolescents**

Assoc Prof Dr Geeta Appannah  
 Department of Nutrition  
 Faculty of Medicine and Health Sciences

# Symposium 3

## SCHOOL CHILD AND ADOLESCENT NUTRITION



### Implementation of Malaysia School Nutrition Promotion Programme (MySNPP) during the COVID-19 pandemic – experiences and learnings



TEO CHOON HUEY<sup>1</sup>, TEE E SIONG<sup>2</sup>, CHIN YIT SIEW<sup>2,3</sup>, SHAHIR SHAMSHUDDIN<sup>1</sup>, HAFIZAN JOHAR<sup>1</sup>, SHAHRIL AZIAN HAJI MASROM<sup>4</sup>

<sup>1</sup>Department of Nutrition, Batu Pahat District Health Office, Johor State Health Department, Ministry of Health, Malaysia

<sup>2</sup>Nutrition Society of Malaysia

<sup>3</sup>Department of Nutrition, Faculty of Medicine and Health Sciences, Universiti Putra Malaysia

<sup>4</sup>Department of District Health Office, Batu Pahat District Health Office, Johor State Health Department, Ministry of Health, Malaysia

### Implementation of Malaysia School Nutrition Promotion Programme (MySNPP) during the COVID-19 pandemic – experiences and learnings

by

*Teo Choon Huey*

*Department of Nutrition, Yong Peng Health Clinic, Batu Pahat District Health Office*

# Invited Lecture 4

## Blood glucose management as a strategy in influencing metabolic health and immunity

The screenshot shows a Zoom meeting interface. On the left is a PowerPoint slide titled "Blood glucose management as a strategy in influencing metabolic health and immunity". The slide features a central diagram with a plate of food, a fork, and a knife, surrounded by circles labeled "nutrition", "legislation", "science", and "health". Below the diagram, the text reads: "Blood glucose management as a strategy in influencing metabolic health and immunity". At the bottom of the slide, it says "Goh Peen Ern PeenErn.Goh@beneo.com Manager Nutrition Communication BENE0-Institute, BENE0 Asia-Pacific" and the "beneo institute" logo. The Zoom window also shows two video feeds: one for Peen Ern Goh (top) and one for Megan Chong Chong (bottom). A banner for the "30th Scientific Conference Nutrition Society of Malaysia" is visible between the feeds.

This screenshot is similar to the one on the left, showing the same PowerPoint slide. However, only the video feed for Peen Ern Goh is visible on the right side of the screen. The banner for the "30th Scientific Conference Nutrition Society of Malaysia" is also present.

### Chairperson:

***Dr Megan Chong Hueh Zan***  
***International Medical University***

### Speakers:





***Ms Goh Peen Ern***  
***BENE0 Institute/ BENE0 Asia Pacific Pte Ltd***

# Symposium 4

## PHYSICAL ACTIVITY AND SEDENTARY BEHAVIOUR

**36<sup>th</sup> Scientific Conference Nutrition Society of Malaysia**  
 "Nutrition: The Key to Combating Prevailing Health Threats"  
 7-8 September 2021 | Zoom Platform

**Symposium 4**  
*Physical Activity & Sedentary Behaviour*

Chairperson	Speaker 1	Speaker 2	Speaker 3
			
<b>Prof Dr Poh Bee Koon</b> Universiti Kebangsaan Malaysia	<b>Prof Dr Stanley Sai-chuen Hui</b> The Chinese University of Hong Kong	<b>Assoc Prof Dr Selina Khoo</b> Universiti Malaya	<b>Dr Vaidehi Ulaganathan</b> UCSI University

**Bee Koon Poh**

**Chairperson:**  
***Assoc Prof Dr Poh Bee Koon***  
***Universiti Kebangsaan Malaysia***

# Symposium 4

## PHYSICAL ACTIVITY AND SEDENTARY BEHAVIOUR



### Physical activity and health-related fitness in adolescents: The Asia-fir study

by

*Prof Dr Stanley Sai-chuen Hui*

*The Chinese University of Hong Kong*

### Physical activity in women

by

*Assoc Prof Dr Selina Khoo Phaik Lin*  
*University Malaya*

### Physical activity in women



Selina Khoo

Centre for Sport and Exercise Sciences

Universiti Malaya



# Symposium 4

## PHYSICAL ACTIVITY AND SEDENTARY BEHAVIOUR

36<sup>th</sup> Scientific Conference Nutrition Society of Malaysia  
"Nutrition: The Key to Combating Prevailing Health Threats"  
7-8 September 2021 | Zoom Platform

Symposium 4  
Physical Activity & Sedentary Behaviour

Association between recreational physical activity and colorectal cancer with presence of metabolic syndrome and its components: A multicentric hospital-based case control study in Peninsular Malaysia  
Dr Vaidehi Ulaganathan  
Faculty of Applied Sciences, UCSI University

Bee Koon Poh

Vaidehi Ulaganathan

**Association between recreational physical activity and colorectal cancer with presence of metabolic syndrome and its components: A multicentric hospital-based case control study in Peninsular Malaysia**  
by  
**Dr Vaidehi Ulaganathan**  
**UCSI University**

# POSTER FINALISTS PRESENTATIONS



**36<sup>th</sup> Scientific Conference Nutrition Society of Malaysia**  
**"Nutrition: The Key to Combating Prevailing Health Threats"**  
 7-8 September 2021 | Zoom Platform

**Poster Finalists Presentation**

*Chairperson*



**Asst Prof Dr Satvinder Kaur**  
 UCSI University,  
 NSM Council Member



**Chang Chi Yin**  
 International  
 Medical University



**Chin Yu Qiong**  
 University of Nottingham  
 Malaysia



**Iris Yii Ching Yee**  
 Universiti  
 Sains Malaysia



**Kee Xiao Hui**  
 Universiti  
 Putra Malaysia



**Kok Ee Yin**  
 UCSI  
 University



**Nur Fatimah  
 Binti Mohd Suhelmi**  
 Universiti  
 Putra Malaysia



**Nurfarhana  
 Binti Norddin**  
 Universiti  
 Putra Malaysia



**Nursaleha  
 Binti Mohd Sobri**  
 Universiti  
 Putra Malaysia



**Pang Xin Yi**  
 Universiti  
 Kebangsaan Malaysia



**Sharmilla Rengarajoo**  
 Management &  
 Science University



**Satvinder Kaur**

**Chairperson:**  
**Asst Prof Dr Satvinder Kaur**  
**UCSI University**  
**NSM Council Member**

# POSTER FINALISTS PRESENTATIONS

**Poster Finalist 2: Chin Yu Qiong (University of Nottingham Malaysia)**

**Dietary patterns of Malaysian adults: energy, nutrient intakes and environmental impact**  
 By Yee Kuan, Chin, and Irene Kay Hui  
 School of Biotechnology, University of Nottingham Malaysia

**Introduction**  
 The increasing prevalence of non-communicable diseases (NCDs) globally has led to a growing concern for the health of the Malaysian population. This study aims to investigate the dietary patterns, energy, nutrient intakes, and environmental impact of Malaysian adults.

**Methodology**  
 All dietary intake data obtained from the National Health and Morbidity Survey (NHMS) 2019. The study included 11,800 Malaysian adults aged 18 and above. Data on energy, nutrient intakes, and environmental impact were analyzed using the Food Processor Software (FAPS) 2.0.0.0.

**Results**  
 The mean energy intake was 2000 kcal/day, with 18.7% of the population consuming less than 1500 kcal/day and 2.7% consuming more than 3000 kcal/day. The mean protein intake was 66.5 g/day, with 10.1% of the population consuming less than 50 g/day and 0.5% consuming more than 100 g/day. The mean total fat intake was 66.5 g/day, with 10.1% of the population consuming less than 50 g/day and 0.5% consuming more than 100 g/day.

**Conclusion**  
 The study found that the Malaysian population has a high energy and nutrient intake, which is associated with a high environmental impact. This suggests that the Malaysian population is consuming a diet that is not sustainable in the long term.

**Figure 1-6:** Dietary patterns of Malaysian adults: energy, nutrient intakes and environmental impact. **Figure 7-9:** Dietary patterns of Malaysian adults: energy, nutrient intakes and environmental impact.

**Yu Qiong Chin**

**Poster Finalist 1:  
 Chang Chi Yin  
 International Medical University**

**Poster Finalist 1: Chang Chi Yin (International Medical University)**

**Development and Sensory Evaluation of Egg Custard Pudding Using Isomaltulose**  
 Chang Chi Yin, Nur Hafizah, Nur Hafizah, Nur Hafizah  
 Faculty of Food Science and Technology, International Medical University

**INTRODUCTION**  
 The increasing prevalence of non-communicable diseases (NCDs) globally has led to a growing concern for the health of the Malaysian population. This study aims to investigate the development and sensory evaluation of egg custard pudding using isomaltulose.

**METHODOLOGY**  
 The study included 100 Malaysian adults aged 18 and above. The study included 100 Malaysian adults aged 18 and above. The study included 100 Malaysian adults aged 18 and above.

**RESULTS**  
 The mean energy intake was 2000 kcal/day, with 18.7% of the population consuming less than 1500 kcal/day and 2.7% consuming more than 3000 kcal/day. The mean protein intake was 66.5 g/day, with 10.1% of the population consuming less than 50 g/day and 0.5% consuming more than 100 g/day.

**CONCLUSION**  
 The study found that the Malaysian population has a high energy and nutrient intake, which is associated with a high environmental impact. This suggests that the Malaysian population is consuming a diet that is not sustainable in the long term.

**Satvinder Kaur**

**Chi Yin Chang**

**Poster Finalist 2:  
 Chin Yu Qiong  
 University of Nottingham Malaysia**

**Poster Finalist 3: Iris Yii Ching Yee (Universiti Sains Malaysia)**

**NUTRITIONAL COMPOSITION AND ANTIOXIDANT ACTIVITIES OF SELECTED POPULARLY CONSUMED LOCAL AND IMPORTED HERBS**  
 Iris Yii Ching Yee, Nur Hafizah, Nur Hafizah, Nur Hafizah  
 Faculty of Food Science and Technology, Universiti Sains Malaysia

**Introduction**  
 The increasing prevalence of non-communicable diseases (NCDs) globally has led to a growing concern for the health of the Malaysian population. This study aims to investigate the nutritional composition and antioxidant activities of selected popularly consumed local and imported herbs.

**Methodology**  
 The study included 100 Malaysian adults aged 18 and above. The study included 100 Malaysian adults aged 18 and above. The study included 100 Malaysian adults aged 18 and above.

**RESULTS**  
 The mean energy intake was 2000 kcal/day, with 18.7% of the population consuming less than 1500 kcal/day and 2.7% consuming more than 3000 kcal/day. The mean protein intake was 66.5 g/day, with 10.1% of the population consuming less than 50 g/day and 0.5% consuming more than 100 g/day.

**CONCLUSION**  
 The study found that the Malaysian population has a high energy and nutrient intake, which is associated with a high environmental impact. This suggests that the Malaysian population is consuming a diet that is not sustainable in the long term.

**Iris Yii**

**Poster Finalist 3:  
 Iris Yii Ching Yee  
 Universiti Sains Malaysia**

**Poster Finalist 4: Kee Xiao Hui (Universiti Putra Malaysia)**

**EFFECTS OF ADDING MILK SUGAR, AND ARTIFICIAL SWEETENER TO THE TOTAL PHENOLIC CONTENT AND ANTIOXIDANT ACTIVITY OF GREEN TEA POWDER (CAMELLIA SINENSIS)**  
 Kee Xiao Hui, Nur Hafizah, Nur Hafizah, Nur Hafizah  
 Faculty of Food Science and Technology, Universiti Putra Malaysia

**Introduction**  
 The increasing prevalence of non-communicable diseases (NCDs) globally has led to a growing concern for the health of the Malaysian population. This study aims to investigate the effects of adding milk sugar and artificial sweetener to the total phenolic content and antioxidant activity of green tea powder (Camellia sinensis).

**Methodology**  
 The study included 100 Malaysian adults aged 18 and above. The study included 100 Malaysian adults aged 18 and above. The study included 100 Malaysian adults aged 18 and above.

**RESULTS**  
 The mean energy intake was 2000 kcal/day, with 18.7% of the population consuming less than 1500 kcal/day and 2.7% consuming more than 3000 kcal/day. The mean protein intake was 66.5 g/day, with 10.1% of the population consuming less than 50 g/day and 0.5% consuming more than 100 g/day.

**CONCLUSION**  
 The study found that the Malaysian population has a high energy and nutrient intake, which is associated with a high environmental impact. This suggests that the Malaysian population is consuming a diet that is not sustainable in the long term.

**Xiao Hui Kee**

**Poster Finalist 4:  
 Kee Xiao Hui  
 Universiti Putra Malaysia**



# POSTER FINALISTS PRESENTATIONS

Poster Finalist 9: Pang Xin Yi (Universiti Kebangsaan Malaysia)

**Knowledge, Attitude and Practice (KAP) On Salt Intake And Its Relationship With Blood Pressure Among Chinese Adults In Johor**

**Introduction:** Inadequate knowledge, attitude and practice on salt intake among Chinese adults in Johor may contribute to the high prevalence of hypertension.

**Objectives:** To determine the knowledge, attitude and practice on salt intake among Chinese adults in Johor and to identify the relationship between salt intake and blood pressure.

**Methodology:** A cross-sectional study was conducted among Chinese adults in Johor. The study included a questionnaire on KAP and a blood pressure measurement.

**Results:**

- Table 1: Sociodemographic Data**

Characteristic	n (%)	Mean (SD)
Age (years)	100	45.2 (10.5)
Gender		
Male	55 (55.0)	
Female	45 (45.0)	
Education		
Primary	30 (30.0)	
Secondary	40 (40.0)	
Tertiary	30 (30.0)	
Income (RM)		
< 1000	15 (15.0)	
1000-2000	35 (35.0)	
> 2000	50 (50.0)	
- Table 2: Knowledge, Attitude and Practice Scores and Salt Intake**

Variable	Mean (SD)	Range
Knowledge	18.5 (4.2)	10-25
Attitude	15.2 (3.8)	10-20
Practice	12.1 (3.5)	10-15
Salt Intake (g/day)	10.5 (3.2)	5-15
- Table 3: Correlation Between Knowledge, Attitude and Practice Scores and Blood Pressure**

Variable	r	p-value
Knowledge	0.35	< 0.001
Attitude	0.28	< 0.001
Practice	0.22	< 0.001
Salt Intake	0.18	< 0.001
Blood Pressure (mmHg)	0.45	< 0.001

**Figure 1: Subject Salt Intake Based On WHO 2012**

Bar chart showing the distribution of salt intake levels among Chinese adults in Johor. The x-axis represents salt intake levels (g/day) and the y-axis represents the percentage of respondents. The distribution is as follows:

Salt Intake Level (g/day)	Percentage (%)
< 5	15.0
5-10	45.0
10-15	30.0
> 15	10.0

**Conclusion:** The study found that Chinese adults in Johor have low knowledge, attitude and practice on salt intake. This is associated with high salt intake and high blood pressure. Therefore, health education and counseling are needed to improve KAP on salt intake and reduce blood pressure.

Xin Yi Pang

**Poster Finalist 9:**  
**Pang Xin Yi**  
**Universiti Kebangsaan Malaysia**

Poster Finalist 10: Sharmilla Rengarajoo (Management & Science University)

**The Effect of Social Media Marketing on Consumer Behavior**

**Introduction:** Social media marketing has become a popular way for businesses to reach their target audience. This study aims to investigate the effect of social media marketing on consumer behavior.

**Objectives:** To determine the effect of social media marketing on consumer behavior and to identify the factors that influence consumer behavior.

**Methodology:** A cross-sectional study was conducted among consumers in Johor. The study included a questionnaire on social media marketing and consumer behavior.

**Results:**

- Table 1: Demographic Data**

Characteristic	n (%)
Age (years)	100
18-25	45 (45.0)
26-35	30 (30.0)
36-45	15 (15.0)
46-55	10 (10.0)
56-65	10 (10.0)
- Table 2: Social Media Marketing Usage**

Platform	Usage (%)
Facebook	65.0
Instagram	55.0
Twitter	45.0
LinkedIn	35.0
YouTube	25.0
- Table 3: Effect of Social Media Marketing on Consumer Behavior**

Variable	Mean (SD)	Range
Knowledge	18.5 (4.2)	10-25
Attitude	15.2 (3.8)	10-20
Practice	12.1 (3.5)	10-15
Consumer Behavior	10.5 (3.2)	5-15

**Figure 1: Effect of Social Media Marketing on Consumer Behavior**

Bar chart showing the effect of social media marketing on consumer behavior. The x-axis represents the effect of social media marketing (low, medium, high) and the y-axis represents the percentage of respondents. The distribution is as follows:

Effect of Social Media Marketing	Percentage (%)
Low	15.0
Medium	45.0
High	40.0

**Conclusion:** The study found that social media marketing has a positive effect on consumer behavior. This is due to the increase in knowledge, attitude and practice on social media marketing. Therefore, businesses should focus on social media marketing to reach their target audience and improve consumer behavior.

SHARMILLA RENGARAJOO

**Poster Finalist 10:**  
**Sharmilla Rengarajoo**  
**Management and Science University**

# **PRIZE PRESENTATION CEREMONY**

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**NSM Young Researchers' Symposium Prizes 2021**

**NSM Poster Competition Prizes 2021**

# NSM Young Researchers' Symposium Prizes 2021



## Young Researchers' Symposium Prizes 2021

### Panel of judges

*Chief Judge*



Dr Yasmin Ooi Beng Houi  
Universiti Malaysia Sabah

*Member*



Assoc Prof Dr Hazizi Bin  
Abu Saad  
Universiti Putra Malaysia

*Member*



Dr Wee Bee Suan  
Universiti Sultan Zainal Abidin

*Member*



Pn Fatimah Sulong  
Ministry of Health Malaysia

Dr Yasmin Ooi to comment on the presentations of the YRS



Mahenderan Appukutty



Yasmin Ooi

*Panel of Judges*

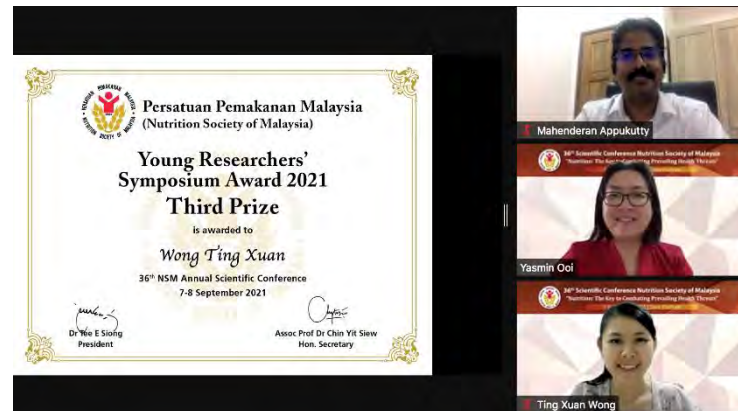
# NSM Young Researchers' Symposium Prizes 2021



**1<sup>st</sup> Prize:**  
**Teoh Ai Ni**  
**UCSI University**



**2<sup>nd</sup> Prize:**  
**Lee Shoo Thien**  
**Universiti Kebangsaan Malaysia**



**3<sup>rd</sup> Prize:**  
**Wong Ting Xuan**  
**International Medical University**

# NSM Young Researchers' Symposium Prizes 2021




**Consolation Prize:**  
***Lydiatul Shima Binti Ashari***  
***Universiti Sains Malaysia***



**Consolation Prize:**  
***Wong Hui Juan***  
***Universiti Putra Malaysia***

# NSM Young Researchers' Symposium Prizes 2021



**36<sup>th</sup> Scientific Conference  
Nutrition Society of Malaysia**  
*Nutrition: The Key to Combating  
Prevailing Health Threats*  
7-8 September 2021 | Zoom Platform

**Young Researchers' Symposium Prizes 2021**

**Mahenderan Appukutty**

**Yasmin Ooi**

**Ai Ni Teoh**

**Hui Juan Wong**

**Ting Xuan Wong**

**shoo thien lee**

**Group Photo**

# NSM Poster Presentation Prizes 2021



**36<sup>th</sup> Scientific Conference Nutrition Society of Malaysia**  
 "Nutrition: The Key to Combating Prevailing Health Threats"  
 7-8 September 2021 | Zoom Platform



**NSM Poster Competition**

**Panel of judges**

<i>Chief Judge</i>	<i>Member</i>	<i>Member</i>	<i>Member</i>	<i>Member</i>
				
<b>Asst Prof Dr Satvinder Kaur</b> UCSI University	<b>Dr Sharifah Intan Zainun Sharif Ishak</b> Management and Science University	<b>Dr Hanis Mastura Yahya</b> Universiti Kebangsaan Malaysia	<b>Dr Sangeetha Shyam</b> International Medical University	<b>Asst Prof Dr Hanapi Bin Mat Jusoh</b> International Islamic University Malaysia

**Asst Prof Dr Satvinder Kaur to comment on the posters presented**



**SatvinderKaur**



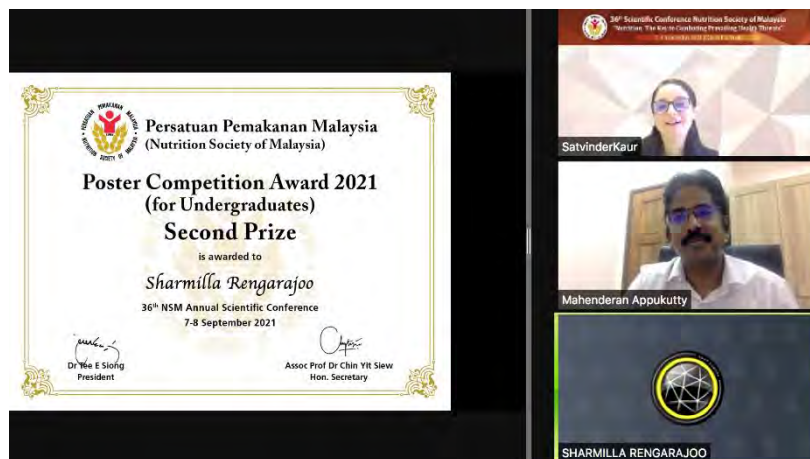
**Mahenderan Appukutty**

***Panel of Judges***

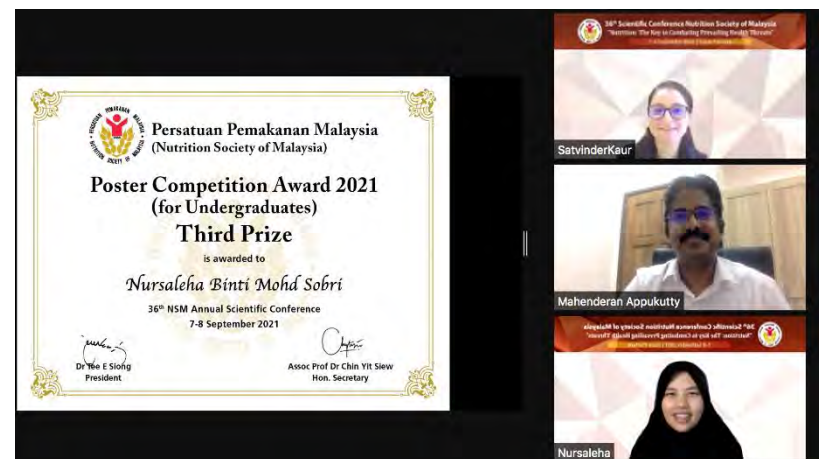
# NSM Poster Presentation Prizes 2021



**1<sup>st</sup> Prize:**  
***Nur Fatimah Binti Mohd Suhaimi***  
***Universiti Putra Malaysia***

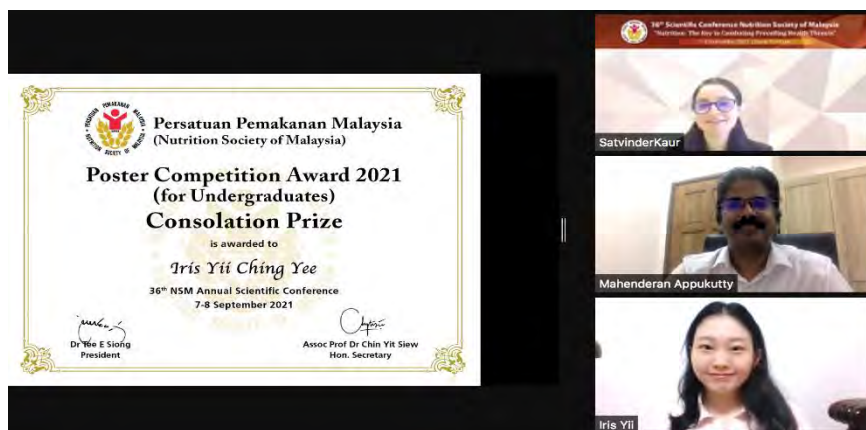


**2<sup>nd</sup> Prize:**  
***Sharmilla Rengarajoo***  
***Management and Science University***

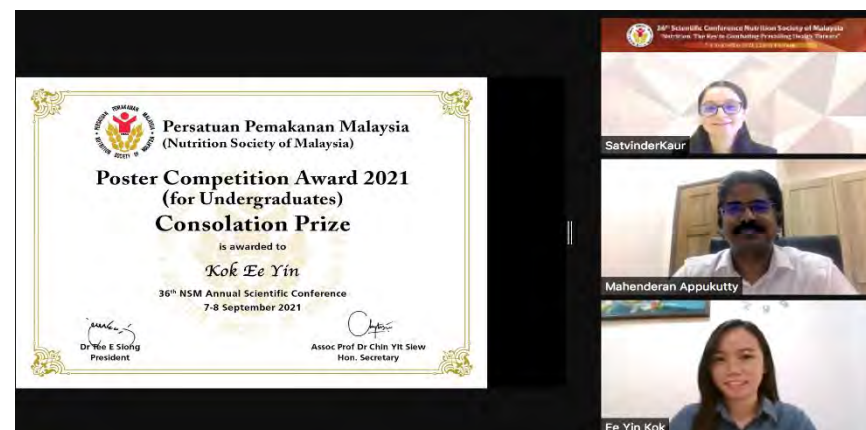


**3<sup>rd</sup> Prize:**  
***Nursaleha Binti Mohd Sobri***  
***Universiti Putra Malaysia***

# NSM Poster Presentation Prizes 2021



**Consolation Prize:**  
***Iris Yii Ching Yee***  
***Universiti Sains Malaysia***



**Consolation Prize:**  
***Kok Ee Yin***  
***UCSI University***

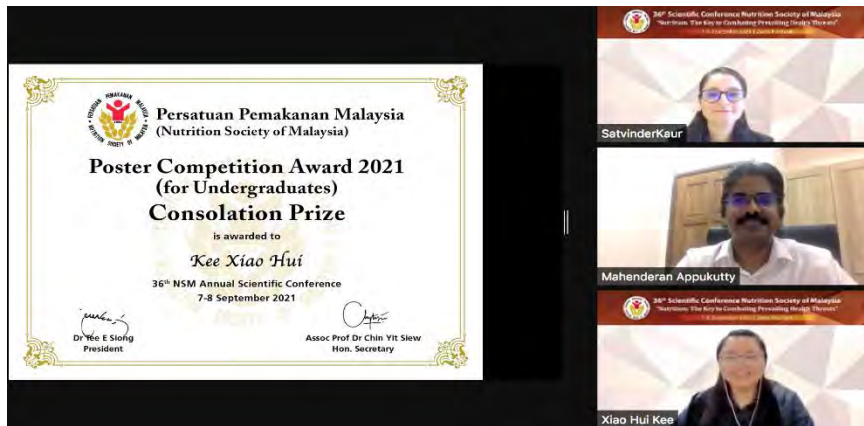


**Consolation Prize:**  
***Pang Xin Yi***  
***Universiti Kebangsaan Malaysia***



**Consolation Prize:**  
***Chang Chi Yin***  
***International Medical Univeristy***

# NSM Poster Presentation Prizes 2021



**Consolation Prize:**  
***Kee Xiao Hui***  
***Universiti Putra Malaysia***



**Consolation Prize:**  
***Chin Yu Qiong***  
***University of Nottingham Malaysia***



**Consolation Prize:**  
***Nurfarhana Binti Norddin***  
***Universiti Putra Malaysia***

# NSM Poster Presentation Prizes 2021



**Group Photo**

## **C. CONFERENCE WEBSITE**

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# Homepage



Download Programme Book

### Conference Programme

View programme schedule, keynote, symposium topics & invited lectures.

[View Schedule](#)

### Virtual Exhibition

View sponsors' products and services. Participate in various activities.

[View Sponsors Booths](#)

### Scientific Posters

View 118 posters from universities / organisations.

[View Posters](#)

### About the Conference

The nation has been under the health threats posed by the double burden of malnutrition for more than three decades. Energy and nutrient deficiencies persist among specific communities while non-communicable diseases (NCDs) affect wide segments of the population. Although these nutritional problems have received considerable attention, systematic actions to combat them are clearly not adequate. We are still struggling in dealing with the high rates of morbidity and mortality resulting from NCDs.

The country has been hit by yet another health threat for the past year, the COVID-19 caused by the coronavirus. This pandemic, which continues to rage across the globe, has highlighted the importance of good nutrition and healthy lifestyle as the key to strengthening immunity so as to combat the pandemic. It has also been established that individuals with underlying NCDs are at an increased risk of more severe COVID-19 complications and mortality, should they become infected. Due to this inter-connected nature of NCDs and COVID-19, it is even more important now for the vulnerable groups and people with underlying medical problems (e.g. NCDs and their risk factors) to pay attention to their health and nutrition. The pandemic should act as a catalyst for us to focus our effort and investment in improving healthy diets and physical activity.

[Read more](#)

### Tentative Plenary Lectures / Symposium Topics

- Nutrition and COVID-19
- Maternal, Infant and Young Child Nutrition
- School Child and Adolescent Nutrition
- Physical Activity and Sedentary Behaviour

[View Programme](#)

### Final Announcement



[Download](#)

\* Updated on 21 Aug 2021

### Call for Abstracts

Members of the Society or university students of nutrition programme who are interested to participate in the symposia or poster sessions are invited to submit abstracts (200-300 words) for presentation in the free paper presentation or poster sessions of the Conference. Abstracts can be related to any of the symposia topics or any relevant topic in food and nutrition.

All poster presenters are also encouraged to prepare a 3-minute video for uploading with the poster. **ONLINE ABSTRACT SUBMISSION** open 16 June onwards and closed by 8 August 2021 (extended).

[Check Results](#)

### Mark Your Diary

16 Jun  
2021

Abstract Submission Open

8 Aug  
2021  
(extended)

Abstract Submission Closed

31 Aug  
2021

Registration Deadline

7 - 8 Sep  
2021

Conference Day

9 Sep  
2021

Post-Conference Activities

# Homepage

## 1<sup>st</sup> Announcement

**1<sup>st</sup> Announcement**

**36<sup>th</sup> Scientific Conference**

Theme

### Nutrition: The Key to Combating Prevailing Health Threats

7 - 8 September 2021 | ZOOM Platform  
Preliminary Announcement

**CALL FOR ABSTRACTS**

You are invited to submit abstracts for presentation in the free paper presentation or poster sessions of the Conference. Abstracts can be in any of the symposia titles or any relevant topic in food and nutrition. Please note that we are utilising ONLINE ABSTRACT SUBMISSION and registration system and abstract submission will be available from 16 June onwards and closed by 30 July 2021. Abstracts (200-300 words in MS Word format) must follow exactly the prescribed format. Details of the Conference, submission and acceptance status will be updated from time to time through the NSM Conference's official website. **All poster presenters are also encouraged to prepare a 3-min video for uploading with the poster.**

**Important Dates**

Conference: **7-8 September 2021**

Post-conference events: **9 September 2021**

- Meet the President of NSM
- Meet the Editor of Malaysian Journal of Nutrition

Conference Registration & Abstract submission open: **16 June 2021**

Abstract submission closed by: **31 July 2021**

## 2<sup>nd</sup> Announcement

Abstract submission extended until 8 August 2021.

**2<sup>nd</sup> Announcement**

Abstract submission extended until 8 August 2021.

**36<sup>th</sup> Scientific Conference**

Theme

### Nutrition: The Key to Combating Prevailing Health Threats

7-8 September 2021  
Scientific session: ZOOM platform  
Poster presentation & sponsors' virtual booths:  
Conference website - [www.nsmconference.org.my](http://www.nsmconference.org.my)

**2<sup>nd</sup> Announcement**

**CALL FOR ABSTRACTS**

You are invited to submit abstracts for presentation in the free paper presentation or poster sessions of the Conference. Abstracts can be in any of the symposia titles or any relevant topic in food and nutrition. Please note that we are utilising ONLINE ABSTRACT SUBMISSION and registration system and abstract submission will be available from 16 June onwards and closed by 8 August 2021 (extended). Abstracts (200-300 words in MS Word format) must follow exactly the prescribed format. Details of the Conference, submission and acceptance status will be updated from time to time through the NSM Conference's official website. **All poster presenters are also encouraged to prepare a 3-min video for uploading with the poster.**

**Important Dates**

Conference: **7-8 September 2021**

Post-conference events: **9 September 2021**

- Meet the President of NSM
- Meet the Editor of Malaysian Journal of Nutrition

Conference Registration & Abstract submission open: **16 June 2021**

Abstract submission closed by: **29 July 2021**

**8 August 2021** (extended)

## Final Announcement

Updated on 21 August 2021.

**Final Announcement**

Updated on 21 August 2021.

**36<sup>th</sup> Scientific Conference**

Theme

### Nutrition: The Key to Combating Prevailing Health Threats

7-8 September 2021  
Scientific session: ZOOM platform  
Poster presentation & sponsors' virtual booths:  
Conference website - [www.nsmconference.org.my](http://www.nsmconference.org.my)

**Important Dates**

Conference: **7-8 September 2021**

Post-conference events: **9 September 2021**

- Meet the President of NSM
- Meet the Editor-in-Chief of Malaysian Journal of Nutrition (MJN)

Registration Deadline: **31 August 2021**

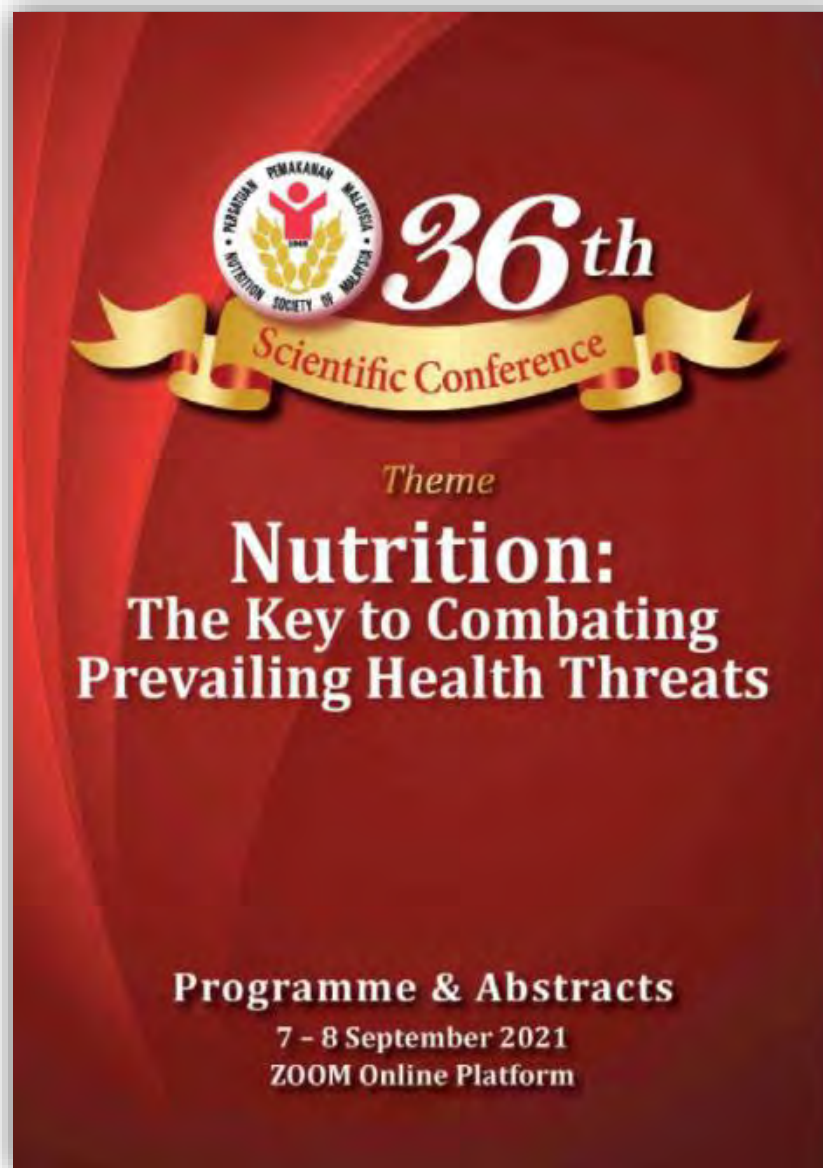
Greetings from the Nutrition Society of Malaysia (NSM) Conference Organising Committee!

Welcome to the NSM 36th Scientific Conference 2021!

The conference, with the theme **'Nutrition: The Key to Combating Prevailing Health Threats'** invites all stakeholders involved in nutrition research and promotion to join this annual scientific meeting of NSM.

Dr Tee E Siong  
Chairman of the Organising Committee

# Programme & abstract book



# Scientific poster section

NSM CONFERENCE 2021

## Scientific Posters

View 118 posters from universities & organisations.

Search Abstract title or name or poster ID

Search

### Select a group:

**Group A:** Nutritional Status (various groups) & Community Interventions

**Group B:** Dietary Intake, Consumption Pattern & Disease

**Group C:** Nutrients & Other Components in Foods/Products

**Group D:** Clinical Nutrition/Intervention Trials

**Group E:** Food Science & Technology

**Group F:** Experimental Nutrition

**Total:  
118 posters  
(15 videos)**

SCIENTIFIC POSTERS

## Group A

Nutritional Status (various groups) & Community Interventions

Search Abstract title or name or poster ID

Search

[Scientific Posters](#) / [Group A](#)

Poster ID	Abstract Title
A01	<p><b>Association between maternal factors with children's health-related quality of life (HQOL) among households living in People's Housing Program (PHP) Klang Valley, Malaysia</b></p> <p><i>Asrawati Awalina A, Norhasmah S and Zalinda Z</i></p> <p><a href="#">View Poster</a> <a href="#">View Abstract</a></p>
A02	<p><b>Nutritional status and quality of life among Malaysian elderly who practise Qigong</b></p> <p><i>Cheong ST and Wong JE</i></p> <p><a href="#">View Poster</a> <a href="#">View Abstract</a></p>



# Virtual Exhibition

## Major Sponsors' Booth

The BENE0-Institute – A network of minds.  
Knowledge to connect nutrition and health.



BENE0-Institute [Visit Booth →](#)

Our foundation starts with  
science at the cellular level



HERBALIFE  
NUTRITION



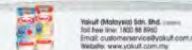
Herbalife Nutrition [Visit Booth →](#)



Malaysian Palm Oil Board [Visit Booth →](#)

Over 30 Billion  
Shirota Strain  
Help Improve  
Intestinal Function

**Yakult**  
The Probiotics Expert



Yakult (Malaysia) Sdn. Bhd.  
Tel: 03-8888 1000  
Email: customer.service@yakult.com.my  
Website: www.yakult.com.my

[f@yakultmalaysia](#) [t@yakultmalaysia](#) [i@yakultmalaysia](#)


**Yakult**

**Yakult**

Yakult (Malaysia) [Visit Booth →](#)

# Virtual Exhibition

## Co-Sponsors' Booth



Similac  
Intelli Pro

Isomil Plus

PediaSure

**Abbott**

[Visit Booth →](#)



Eat Well. Live Well.

**Ajinomoto**

**The Founders' Vision**

Create New Value  
Empower Society  
Enrich Lives

Improve Quality of Life  
Sustainable Growth

We create better lives globally by contributing to significant advances in food and health and by working for life.

Eat Well. Live Well.

**Ajinomoto**

**Ajinomoto (Malaysia) Berhad**

[Visit Booth →](#)



Better Protection,  
Sharper Minds.

Enlighten A  
MINDS

MFGM

DHA

**Mead Johnson Nutrition**

[Visit Booth →](#)



KOLESTEROL DIJAGA,  
JANTUNG TERPELIHARA.

ActiCol

TERBUKTI BERSAMA  
MERENDAHKAN  
KOLESTEROL

**Nestlé Products Sdn Bhd**

[Visit Booth →](#)

# Virtual Exhibition

## Major sponsor booth: BENE0 Institute



Virtual Exhibition / BENE0-Institute

The BENE0-Institute – A network of minds.  
Knowledge to connect nutrition and health.



**beneo**  
institute  
connecting nutrition and health

### About the BENE0-Institute

The BENE0-Institute is an organization which brings together BENE0's expertise in nutrition and legislation. It acts as an advisory body for customers and partners reaching from ingredient approval, physiological effects and nutritional composition to communication and labelling. The key nutritional topics of the BENE0-Institute's work include gut microbiome support and digestive health, blood sugar management, immune health, bone health, physical and mental performance, weight management support as well as dental health.

The BENE0-Institute facilitates access to the latest scientific research and knowledge throughout all nutritional and regulatory topics related to BENE0 ingredients. It provides BENE0 customers and partners with substantiated guidance for some of the most critical questions in the food industry. BENE0 is a division of the Südzucker Group that employs more than 1,000 people and has production units in Belgium, Chile, Germany and Italy.

### Contact Information

Peen Ern Goh, Manager Nutrition Communication Asia Pacific  
peenern.goh@beneo.com

Visit Website

About Us

Video Highlight

Chat Sessions

Publications

Product Brochures

### Video Highlight



### Chat Sessions

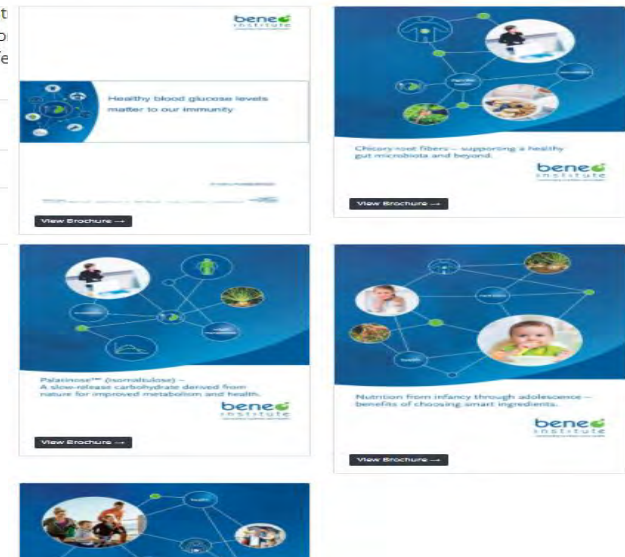
Join us for a lunch time chat with Indust Nutrition Communication Asia Pacific, or gut microbiota on health and inner defe

#### Day 1 Session

Date: 7<sup>th</sup> September 2021

Time: 12.30 pm - 1.30 pm  
(GMT +8 Kuala Lumpur)

### Product Brochures



# Virtual Exhibition

## Major sponsor booth: Herbalife Nutrition

Conference Abstract Book Virtual Exhibition Scientific Posters Announcement Abstract Committee Past Conferences Contact

Virtual Exhibition / Herbalife Nutrition

### Notable experts

#### Excellence in science

Our notable experts in nutrition, science and health are actively involved in the development and testing of all Herbalife Nutrition products, ensuring they are of the highest quality. They help educate and train Distributors around the world, providing them with tools to help them inspire others to live a healthy, active lifestyle. They are also members of various research and professional societies and scientific groups worldwide.



\*The above individuals have no affiliation with Herbalife Nutrition and does not endorse, approve or endorse Herbalife Nutrition products.

Get a Surprise From Us



SHARE YOUR THOUGHTS AND GET A SURPRISE FROM US!



Share your thoughts →

Video Highlight



### Product Brochures

Nutrition is a Choice. Choose Herbalife Nutrition. HERBALIFE NUTRITION

View Brochure →

View Brochure →

Hunger affects one in nine people worldwide. Herbalife Nutrition is committed to bringing hunger to zero.

Through our Nutrition for Zero Hunger initiative, we provide critical resources and support to communities around the world. As a global leader in nutrition, we're committed to collaborating with leading research partners, and are committed to take the answers to this challenge.

- Global Partnerships: Partner with leading research organizations to advance impact.
- Product Donations: Donate products to support relief efforts in communities in need.
- Nutrition Expertise: Share our expertise in nutrition and delivery of products to support relief efforts in communities in need.
- Global Wellbeing: Support communities in need through our commitment to global wellbeing.

View Brochure →

### Publications

View Publication →

View Publication →

View Brochure →

View Brochure →

# Virtual Exhibition

## Major sponsor booth: Malaysian Palm Oil Board

Virtual Exhibition / Malaysian Palm Oil Board



### About Malaysian Palm Oil Board

MPOB is the government agency entrusted to serve the country's oil palm industry. Its main role is to promote and develop national objectives, policies and priorities for the wellbeing of the Malaysian oil palm industry. It was incorporated by an Act of Parliament (Act 582) and established on 1 May 2000, taking over, through a merger, the functions of the Palm Oil Research Institute of Malaysia (PORIM) and the Palm Oil Registration and Licensing Authority (PORLA).

[Visit Website](#) [Contact Us](#)

### Video Highlight



### Tease Your Brain & Win Great Prizes



What is **palm oil** and why it is important?

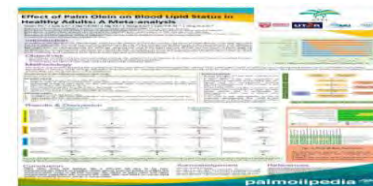
### Posters



[View Image](#)



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# Virtual Exhibition

## Major sponsor booth: Yakult Malaysia

Virtual Exhibition / Yakult (Malaysia)



### About Yakult (Malaysia)

Yakult (Malaysia) Sdn. Bhd. was established in 2003 as a fully-owned subsidiary of Yakult Honsha Co., Ltd. The first ever bottle of Yakult cultured milk drink was created by Dr Shirota in Japan in 1935. In Malaysia, cultured milk drink Yakult Ace was first introduced in 2004. This was followed by the launching of its lower sugar version cultured milk, Yakult Ace Light in 2009.



Yakult Ace and Yakult Ace Light

Both Yakult Ace and Ace Light are high quality probiotic drinks that contain over 30 billion of live Shirota strain bacteria in every 80ml bottle. In Malaysia, Shirota strain is recognized as a probiotic bacteria by the Ministry of Health under the Food Regulations. This Shirota strain is among the strongest probiotic bacteria that is able to resist gastric juice to reach the intestines alive.

With the headquarters based in Shah Alam, Yakult (M) Sdn. Bhd has its manufacturing facility in Seremban, Negeri Sembilan and sales branches in Alor Setar, Panang, Ipoh, Kuantan, Kota Bharu, Kuala Terengganu, Seremban, Melaka, Johor Bahru, Kuching, Bintulu and Kota Kinabalu.



**Yakult HQ:** Lot No 7, Jalan Jururancang U1/21, Seksyen U1, Hicom Glenmarle Industrial Park, 40150 Shah Alam, Selangor Darul Ehsan.



**Yakult Factory:** No. 276 Jalan Haruan 1, Oakland Industrial Park, 70300 Seremban, Negeri Sembilan Darul Khusus

### Video Highlight

Let's get the educational adventure started!

With technology, it is now possible to wander the only yakult factory in Malaysia from the comfort of your home or even classroom. The Yakult factory is equipped with Japanese high technology machinery to produce great quality, beneficial and tasty Yakult cultured milk drink. Tune in to guided hall tours of the stringent process of making Yakult and take a close look on how quick and clean every bottle of Yakult is produced.

Click here <https://yakult.com.my/factorytours/> to book your FREE virtual tour with us!



### Read & Win

Read through Yakult Live latest newsletter (Vol 36). Click the "Click here to join" button at the bottom of the event page.

Fill in the required personal details (full name as per IC, contact number, mailing address and race) and answer 5 simple questions.

Click the Submit button to submit the answer and personal details. 10 lucky winners with correct answer will stand a chance to win a month of Yakult supply (50 bottles of Yakult Ace Light probiotic cultured milk drink).

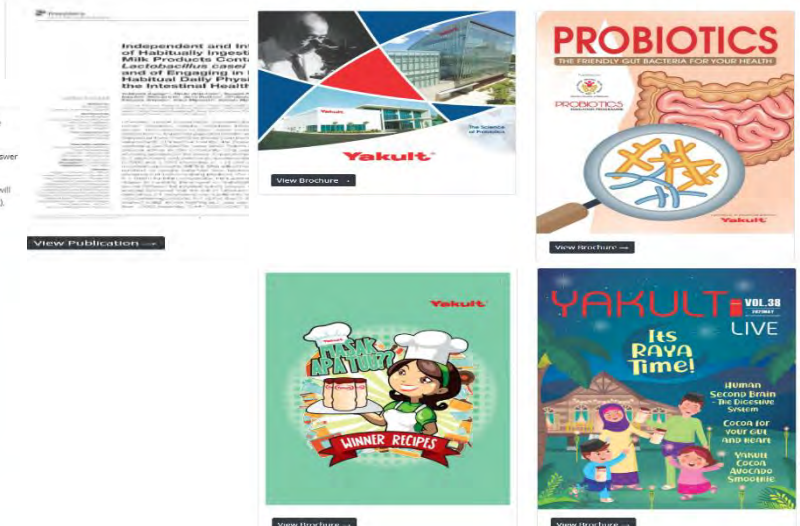


[Click here to join](#)

### Publications

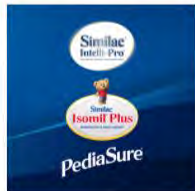
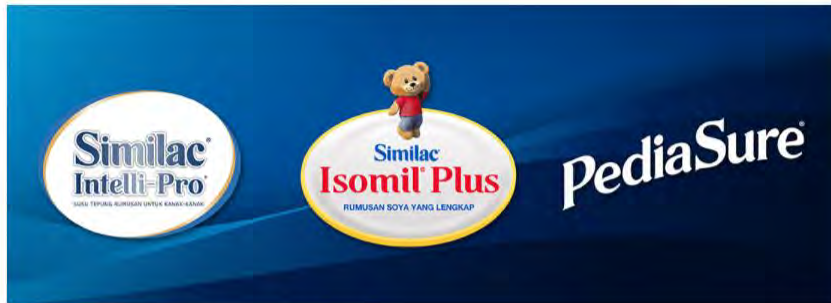


### Product Brochures



# Virtual Exhibition Co-sponsor booth: Abbott

Virtual Exhibition / Abbott



## About Abbott

Abbott is a global healthcare leader that helps people live more fully at all stages of life. Our portfolio of life-changing technologies spans the spectrum of healthcare, with leading businesses and products in diagnostics, medical devices, nutritional's and branded generic medicines. Our 109,000 colleagues serve people in more than 160 countries.

Connect with us on

[Facebook/MYAbbottCares](#)

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About Us

Video Highlight

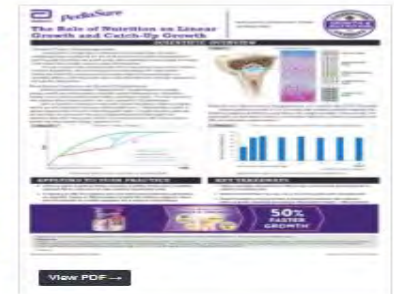
## Video Highlight



## Posters



## Product Brochures



# Virtual Exhibition

## Co-sponsor booth: Ajinomoto (Malaysia) Berhad

Virtual Exhibition / Ajinomoto (Malaysia)



**Eat Well, Live Well.**

**Ajinomoto**

**The Founders' Vision**

**"Create New Value"**  
Founder of the umami taste  
**Dr. Kikunae Ikeda**

**Display "Pioneer Spirit"**  
Founder of the Ajinomoto Group  
**Saburosuke Suzuki II**

**We create better lives globally by contributing to significant advances in food and health and by working for life.**

### About Ajinomoto (Malaysia) Berhad

Ajinomoto (Malaysia) Berhad started its business operations in 1961 as AJI-NO-MOTO® Monosodium Glutamate (MSG) producer. It is one of the very first Japanese companies to be set up in Malaysia. Ajinomoto (Malaysia) Berhad has since grown into a dynamic food and seasoning manufacturer marketing diverse brand name that is trusted by Malaysian for decades.

Our AJI-NO-MOTO® Umami seasoning has become an indispensable item in almost every household.

[Visit Website](#) [Contact Us](#)

### ▶ Watch Video, Answer Quiz & Win Prizes



**36TH ANNUAL SCIENTIFIC CONFERENCE OF THE NSM 2021**

**LET'S TAKE A BREAK & WIN PRIZES!**

**5X LUCKY WINNERS (WORTH RM100) & COMPLIMENTARY GIFT TO ALL PARTICIPANTS**

**HOW TO WIN?**  
Watch the video & click start quiz

Watch 5 Basic Taste video & Answer the quiz below to win prizes.

[START QUIZ →](#)



Here's how you can reduce sodium intake

NATURAL INGREDIENT

NATURAL FERMENTATION PROCESS

More videos

0:52 / 1:25

### Publications



**The Trusted Brand of Generations**

[View Publication →](#)



**Breast milk and umami seasoning AJI-NO-MOTO**

There's a delicious secret!  
Glutamate, the source of umami taste.

[View Publication →](#)



**Read, think & decide!**  
The facts about "No MSG" labels.

[View Publication →](#)



**Umami seasoning AJI-NO-MOTO**  
Facts & Safety

[View Publication →](#)



**More flavor with less salt.**  
With umami seasoning AJI-NO-MOTO.

[View Publication →](#)

### Product Brochures



[View Brochure →](#)



**BM**

**BI**

**CHI**

[View Brochure →](#)

# Virtual Exhibition

## Co-sponsor booth: Mead Johnson Nutrition

Virtual Exhibition / Mead Johnson Nutrition



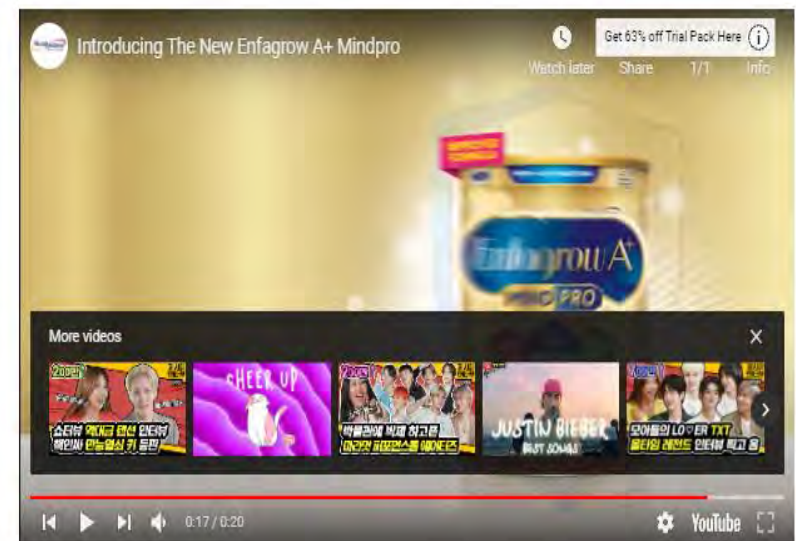
### About Mead Johnson Nutrition

At Mead Johnson, health and development of children is our sole concern. Mead Johnson develops and markets safe, high quality, innovative products that help meet the nutritional needs of children. With more than 70 products in over 50 countries, our products are trusted by millions of parents & healthcare professionals.

Visit Website

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### ▶ Video Highlight



### 📄 Product Brochures



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View PDF →

# Virtual Exhibition

## Co-sponsor booth: Nestlé Products Sdn Bhd

Virtual Exhibition / Nestlé Products Sdn Bhd



### About Nestlé Omega Plus

Did you know that 4 out of 10 adults in Malaysia have high cholesterol\*?

High cholesterol is one of the contributing factors for heart disease and does not discriminate by age, gender, or body weight!

Care for your heart with NESTLÉ OMEGA PLUS, the only high calcium milk powder that contains ActiCol® plant sterols that are proven effective in lowering cholesterol\*. It is reduced in fat, and contains Omega 3 & 6. Its high calcium content helps to meet up to 96% of your daily calcium requirements\*\*.

Caring for your heart has never been easier with only 2 glasses of NESTLÉ OMEGA PLUS each day as part of your balanced diet.

Care for your heart, for your loved ones.

\*NHMS, 2019

\*\*Thomsen et al., 2004

#55% lower in fat compared to full cream milk.

\*Based on 2 servings of NESTLÉ OMEGA PLUS & Recommended Nutrient Intake for Malaysia, 19-50 years old (2017)

[Visit Website](#)

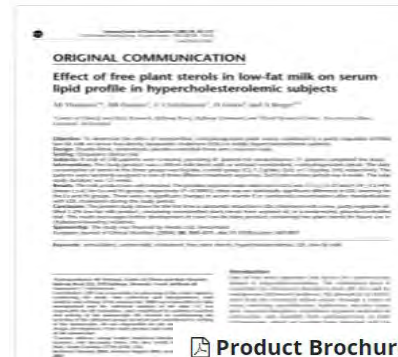
[Contact Us](#)

### Video Highlight



### Dear Nestlé

### Publications



### Product Brochures

# Acknowledgement

The Nutrition Society of Malaysia gratefully acknowledges contributions from the following to the 36<sup>th</sup> Scientific Conference:

## **Major Sponsors**

- BENEIO-Institute
- Herbalife Nutrition
- Malaysian Palm Oil Board
- Yakult Malaysia

## **Co-Sponsors**

- Abbott
- Ajinomoto (Malaysia) Berhad
- Mead Johnson Nutrition
- Nestle Products Sdn Bhd

## **Advertiser**

- Cotra Enterprises Sdn Bhd  
(Vitagen)

## **Sponsor for NSM Publication Prizes**

- Fonterra Brands
- Herbalife Products Malaysia Sdn Bhd

## **Sponsor for Prizes for Young Researcher's Symposium & Poster Competition**

- International Life Sciences Institute  
Southeast Asia Region

# ***END & THANK YOU***

**For more information, please contact:**

**Dr Tee E Siong** ([president@nutriweb.org.my](mailto:president@nutriweb.org.my))

*President of the Nutrition Society of Malaysia (NSM)*

*Or*

**NSM Conference Secretariat:**



**VersaComm Sdn Bhd**

- Ms Muhaini Hussin ([muhaini@versa-group.com](mailto:muhaini@versa-group.com))
- Ms Presanna ([presanna@versa-group.com](mailto:presanna@versa-group.com))