



41st Annual Scientific Conference of the Nutrition Society of Malaysia

Sustainable and Smart Nutrition Solutions for a Resilient Malaysia

28 - 29 July 2026 | Berjaya Times Square Hotel, Kuala Lumpur

ABOUT THE CONFERENCE

Malaysia is at a pivotal moment, navigating rising nutrition-related health challenges, growing pressures on the food system, and an increasing need for sustainable, technology-driven solutions. This year's conference explores how innovation, evidence-based practices, and cross-sector collaboration can respond to these national priorities. By aligning sustainability with smart nutrition strategies, the conference seeks to strengthen community well-being, promote food system resilience, and support Malaysia's progress toward a healthier, more sustainable future. It also provides a valuable platform for academics, healthcare professionals, the public and private sectors, and non-governmental organisations to work together toward better nutrition for all—through effective communication, sound policies, and evidence-based practices.

WHO SHOULD ATTEND?

- Nutritionists in public and private sectors
- Nutrition researchers in academic and research organisations
- Dietitians in public and private sectors
- Nutrition undergraduates / postgraduate students
- Healthcare professionals



CALL FOR ABSTRACTS

Submit your abstract for presentation in the free paper symposia or poster sessions of the Conference. Abstract (not more than 250 words) can be in any relevant topic of conference theme, symposia or categories below:

- Nutritional Status, Consumption Pattern & Disease
- Community Nutrition Promotion, Education & Interventions
- Clinical Nutrition/ Intervention Trials
- Nutrients & Other Components in Foods/ Products
- Experimental Nutrition (Animal and In-vitro Studies)
- Food Science & Technology

Online abstract submission opens until **16 June 2026 (for Late Breaking)**. For submission guidelines and further details, please visit the conference website.

IMPORTANT DATES

Conference:

28-29 JULY 2026



Late Breaking!

Abstract Submission Deadline

16 JUNE 2026

Delegates who submit Late-Breaking Abstracts will be offered a limited grace period to register at the Early Bird rate upon acceptance.

Early Bird Registration Deadline

15 JUNE 2026

HRDF

For Malaysian delegates:

This conference will be submitted for HRD Corp Claimable approval.

<https://www.nsmconference.org.my>

Keynote Speakers



Prof Dr Poh Bee Koon, FNSM
Professor of Nutrition
Universiti Kebangsaan Malaysia



Assoc Prof Dr Carmen Tekwe
Associate Professor of Biostatistics
John & Carole Seffrin Endowed Professor of
Public Health
Indiana University Bloomington

Session Speakers

- Prof Dr Norhasmah Sulaiman (Universiti Putra Malaysia)
- Dr Chan Yee Mang (Institute for Public Health, Malaysia)
- Assoc Prof Dr Zulfitri Azuan Mat Daud (Universiti Putra Malaysia)
- Assoc Prof Dr Amutha Ramadas (Monash University Malaysia)
- Dr Say Yee How (Sunway University, Malaysia)
- Assoc Prof Dr Elise Line Mognard (Taylor's University, Malaysia)
- Prof Dr Cheah Whye Lian (Universiti Malaysia Sarawak)
- Dr Ek Kai Lin (dsm-firmenich, Singapore)
- Mr Alvin Surya Tjahyo (BENEO Asia-Pacific, Singapore)
- Dr Cecilia Cristina Santos-Acuin (University of the Philippines)

Forum

Promoting Healthy Food Environment - Beyond Ultra-Processed Foods

Panelists:



Dr Tee E Siong
(Southeast Asia Public Health
Nutrition Network)



Assoc Prof Dr Wong Jyh Eiin
(Universiti Kebangsaan Malaysia)



Prof Dr Wan Rosli Wan Ishak
(Universiti Sains Malaysia)

Full programme details at <https://nsmconference.org.my/programme>

<https://www.nsmconference.org.my>

Conference Registration Fee

Categories	Early Bird Rate (Until 15 June 2026)	Normal Rate / On-site (15 June 2026 onwards)
NSM member	RM 600	RM 700
*Group Registration	RM 550	RM 650
Fellow of NSM	RM 350	RM 450
Participant	RM 800	RM 900
Exhibitor	RM 600	RM 800
Postgraduate Student (NSM member)	RM 300	RM 400
Other Postgraduate Student	RM 450	RM 550
Nutrition Undergraduate Student	RM 200	RM 300
Other Undergraduate Student	RM 350	RM 450

For overseas delegates, please visit the website for detailed conference fee rates

- Group registration (for NSM members and overseas delegates) applies to groups of at least five persons.
- For group registration, please email conference secretariat.
- All members (except Life members) must have paid up their annual membership fees, including that for 2026, to be eligible to attend at NSM member rate.
- Final year undergraduate students of nutrition programmes in local universities will be invited through their respective Heads of Department.



For registration
and details

Best Poster Presentation Competition

- Open to postgraduate students from all institutions presenting recent studies in human nutrition.
- Open only to final year Nutrition undergraduate students from the following universities with nutrition programmes.
 - IMU University
 - Management & Science University (MSU)
 - Monash University Malaysia
 - Tunku Abdul Rahman University of Management and Technology (TAR UMT)
 - UCSI University
 - Universiti Kebangsaan Malaysia (UKM)
 - Universiti Malaysia Sabah (UMS)
 - Universiti Putra Malaysia (UPM)
 - Universiti Sains Malaysia (USM)
 - Universiti Sultan Zainal Abidin (UniSZA)
 - University of Nottingham Malaysia

ENQUIRIES



Conference Chair

Mahenderan Appukutty, PhD, FNSM
President, Nutrition Society of Malaysia

✉ president@nutriweb.org.my

or

Conference Secretariat

Nutrition Society of Malaysia
✉ nsmconference@nutriweb.org.my

<https://www.nsmconference.org.my>